Angelina Hernandez-Carretero

City of Hope Beckman Research Institute 1500 E. Duarte Rd. Gonda 3131F, Duarte, CA 91010 acarretero@coh.org, (626) 616-9743

ED	U	CA	\mathbf{T}	\mathbf{O}	N

2003-2007 **Bachelor of Science Degree**, Biological Sciences

University of California, Irvine, CA

2007-2009 Master of Science Degree, Biological Sciences

California State University, Los Angeles, CA

2009-2014 **Ph.D.** Cellular and Integrative Physiology

Indiana University School of Medicine, Indianapolis, IN

PROFESSIONAL AND RESEARCH EXPERIENCE

2005-2007 University of California, Irvine

Center for the Neurobiology of Learning and Memory

Undergraduate CAMP Research Scholar in Dr. James McGaugh Laboratory

Supervisor: Dr. Benno Roozendaal

- Studied glucocorticoids and the acute stress effect on learning and memory tasks.

2007-2009 California State University, Los Angeles

M.S. student in Dr. Amelia Russo-Neustadt Laboratory, Dept. of Biological Sciences

- Determined whether stressful events lead to a neurochemical change of the hippocampus and explored neuroprotective effects of exercise.

2009-2014 Indiana University School of Medicine, Indianapolis

Doctoral candidate in Dr. Patrick Fueger Laboratory

- Investigated a cell cycle regulator, p21, and its role in cell stress and death in pancreatic beta cell lines.

2014-2017 University of California, San Diego

NIH/NIGMS IRACDA Postdoctoral Research Fellow Dr. Olivia Osborn/Dr. Jerrold Olefsky Laboratory

Dept. of Medicine, Division of Endocrinology & Metabolism

- Investigated the anti-inflammatory role of muscle Csrp3 in diet-induced obesity and type 2 diabetes in mouse model systems.

2017 University of California, San Diego

NIH/NIGMS IRACDA Postdoctoral Research Fellow

Dr. Varykina Thackray Laboratory Dept. of Reproductive Medicine

- Completed follow-up collaborative experiments investigating mechanisms of metabolic dysfunction in diet-independent obesity and pre-diabetes in a mouse model of polycystic ovary syndrome.

Dec 2017- City of Hope Beckman Research Institute

present Staff Scientist

Dr. Patrick Fueger Laboratory

Dept. of Molecular and Cellular Endocrinology

- Investigating mechanisms of obesity-induced upregulation of Loxl2 and its contribution to fibrosis in pancreatic islets.

PUBLICATIONS

- 1. Roozendaal B, **Hernandez A**, Cabrera SM, Hagewoud R, Malvaez M, Stefanko DP, Haettig J, Wood MA. (2010) Membrane-associated glucocorticoid activity is necessary for modulation of long-term memory via chromatin modification. *J Neurosci*. 30 (14): 5037-46.
- 2. Fueger PT, **Hernandez AM**, Chen Y-C, Colvin ES. (2012) Assessing replication and beta cell function in adenovirally-transduced isolated rat islets. *J Vis Exp*. 25 (64): 4080.
- 3. Colvin ES, Ma H-Y, Chen Y-C, **Hernandez A**, Fueger PT. (2013) Glucocorticoid-induced suppression of beta cell proliferation is mediated by Mig6. *Endocrinology*. 154 (3): 1039-46.
- 4. **Hernandez AM**, Colvin ES, Chen Y-C, Geiss SL, Eller LE, Fueger PT. (2013) Upregulation of p21 activates the intrinsic apoptotic pathway in beta cells. *Am J Physiol Endocrinol Metab*. 304 (12): E1281-90.
 - Featured as Editor's Pick in July 2013 issue of Am J Physiol Endocrinol Metab
- 5. Lackey DE, Lazaro RG, Li P, Johnson A, **Hernandez-Carretero A**, Weber N, Vorobyova I, Tsukomoto H, Osborn O. (2016) The role of dietary fat in obesity-induced insulin resistance. *Am J Physiol Endocrinol Metab*. 311(6):E989-E997.
- 6. Wollam J, Mahata S, Riopel M, **Hernandez-Carretero A**, Biswas A, Bandyopadhyay G, Chi N-W, Eiden L, Mahapatra N, Corti A, Webster N, Mahata S. (2017) Chromogranin A regulates vesicle storage and mitochondrial dynamics to influence insulin secretion of beta cells. *Cell & Tissue Research*. 368(3):487-501.
- 7. **Hernandez-Carretero** A*, Skarra D*, Rivera A, Anvar A, Thackray V. (2017) Hyperandrogenemia Induced by Letrozole Treatment of Pubertal Female Mice Results in Hyperinsulinemia Prior to Weight Gain and Insulin Resistance. *Endocrinology*. 158(9):2988-3003. *co-first authors
- 8. LaFrano M, **Hernandez-Carretero A**, Weber N, Borkowski K, Pedersen T, Osborn O, Newman J. (2017) Diet-induced obesity and weight loss alter bile acids and bile acid-sensitive gene expression in insulin target tissues of C57BL/6J mice. *Nutrition Research*. 46:11-21.
- 9. Ying W, Riopel M, Bandyopadhyay G, Dong Y, Birmingham A, Seo JB, Ofrecio J, Wollam J, **Hernandez-Carretero A**, Fu W, Li P, Olefsky J. (2017) Adipose tissue macrophage-derived exosomal miRNAs can modulate in vivo and in vitro insulin sensitivity. *Cell*. 171(2):372-384.e12.
 - Received coverage in the popular press:

UC San Diego News Center,

http://ucsdnews.ucsd.edu/pressrelease/exosomes_are_the_missing_link_to_insulin_resistance_in_diabetes?utm_campaign=thisweek&utm_medium=email&utm_source=tw-2017-09-28

The San Diego Union Tribune,

http://www.sandiegouniontribune.com/business/biotech/sd-me-diabetes-exosomes-20170919-story.html

- 10. **Hernandez-Carretero A**, LaFrano M, Weber N, Sears D, Newman J, Osborn O. (2018) Obesity- induced changes in lipid mediators persist after weight loss. *International Journal of Obesity*. 42(4):728-736.
 - Filed Patent April 2017, Case SD2017-267, Title: Inhibition of prostaglandin D2 to prevent weight regain

- 11. **Hernandez-Carretero A**, Weber N, Doan N, Olefsky J, Osborn O. (2018) Cysteine and Glycine-Rich Protein 3 Regulates Glucose Homeostasis in Skeletal Muscle. *Am J Physiol Endocrinol Metab.* 315: E267-E278.
 - APSselect award for distinction in scholarship in the AJP Endo and Metabolism Journal

TEACHING EXPERIENCE

Spring 2009	California State University, Los Angeles Lab instructor: Animal Biology (Introductory Biology lab course)
Summer 2011	Indiana University Brain Link/MASH (K-12) Science Summer Program Instructor: Spanish
Fall 2013	Martin University, Human Anatomy and Physiology Teacher's Assistant and Guest Lecturer: The Endocrine System
Fall 2013	Indiana University School of Medicine, F503 Human Physiology (for M.S. students) Guest Lecturer: "GI motility, chewing, swallowing" and "The Stomach"
Fall 2015	San Diego State University, Biol-100 Introduction Biology Guest Lecturer: "Diabetes" and "Obesity"
Spring 2016	San Diego City Community College, Biol-235 Human Physiology Guest Lecturer: "Digestion Overview" and "Stomach Acid & Regulation"
Fall 2016	San Diego Community College, Biol-235 Human Physiology Adjunct Faculty (Instructor of Record for 17 weeks of lecture and laboratory)
Spring 2017	San Diego State University, Bio-212 Human Anatomy Guest Lecturer: "The Blood", "Endocrine System", and "Digestive system"

MENTORING

Fall 2018

MENIURING		
2010	Kristyn Jeffries, Undergraduate student, Molecular Medicine in Action Summer Fellow Current position: Pediatric Residency Program, UAB School of Medicine, AL	
2011	Jacob Burton-Edwards, High School student, Indianapolis Project SEED Summer Current position: Emergency Medical Technician, Indianapolis, IN	
2012	Steven Geiss, Medical student, Student Research Program in Academic Medicine Current position: Resident Physician, University of Missouri Health Care, MO	
2014	Vienna Benavides, undergraduate lab volunteer (Cumberland University) Current position: Senior undergraduate student, Belmont Abbey College, NC	
2014-2017	Natalie Weber, post-baccalaureate lab volunteer (B.S. Management Science, UCSD) Current position: Medical student, Touro University Nevada, Las Vegas, NV	
2015	Nhu Y Thi Doan, IRACDA Summer Undergraduate Research Fellow (Pomona College) Current position: Senior undergraduate student, Pomona College, CA	
2016-17	Ivette Gonzalez, IRACDA Pre-MARC Mentoring Program (San Diego State University) Current position: Undergraduate Research Assistant, San Diego State University, CA	

Los Angeles Trade Technical Community College, Bio 003 – Intro to Biology Adjunct Faculty (Instructor of Record for 16 weeks of lecture and laboratory)

2018	Emily Franco, City of Hope - Eugene and Ruth Roberts Summer Student Academy Current position: High School student	
2018	Courtney Smith, City of Hope – DMRI Summer Research Program Current position: 3 rd yr undergraduate Biology student, Brigham Young University, UT	
PROFESSIO 2010	Participant, Compact for Faculty Diversity's 17 th Institute on Teaching and Mentoring. Attended a 3-day conference consisting of professional development workshops and sessions on research in teaching.	
2011-2013	Participant, Preparing Future Faculty Attended workshops on academia while participating in a mentor program with a faculty member at a private, non-profit predominantly black institution in Indianapolis.	
2013	Participant, Compact for Faculty Diversity's 20 th Institute on Teaching and Mentoring	
2013	Participant, APS Professional Skills Training Course: Writing and Reviewing for Scientific Journals	
2015	Participant, IRACDA Grant Writing Course Attended 1-month course to independently write an NIH-style grant on a current project.	
2016	Participant, Summer Institute on Scientific Teaching Participant of week-long training in scientific teaching where I collaboratively designed a physiology-anatomy teaching module	
2016	Participant, Center for the Integration of Research, Teaching and Learning Course: Integrating Creativity, Innovation, and Design Thinking in STEM Courses. Participated in a 4-day online course to learn innovative techniques to incorporate while teaching.	
2017	Participant, UCSD Center for Engaged Teaching Course Design Studio Attended a 3-day course to re-design an undergraduate physiology course	
2017	Facilitator, Summer Institute on Scientific Teaching Facilitator and organizer of week-long training workshop on scientific teaching	
2018	Participant, APS Institute on Teaching and Learning , Madison, WI Attended a 5-day conference focused on assessments, teaching techniques and resources, the scholarship of teaching and learning (SoTL), and professional development	
PROFESSIONAL SERVICE		
2009	Harbor UCLA Summer Urban Health Fellowship Fellow of community-based research group and coordinator of community health fairs	
2009-2013	IU School of Medicine IU Biomedical Gateway (IBMG) Ph.D. Program Diversity Committee Student Representative	
2012-2014	IBMG Ph.D. Program Student Mentor, Tutor, and Recruiter	
2012	Preparing Future Faculty and Professionals Conference, Moderator Session: Of Color in the Academy	
2013	NOBCChE National Meeting, STEM Weekend-Science Bowl Judge	

2014		
	Society for Advancement of Chicanos and Native Americans in Science (SACNAS) Task Force, Strategic Planning	
2014	SACNAS Committee, New board member orientation	
2015	Poster Presentation Judge, SACNAS National Conference	
2015	Ad Hoc Manuscript Reviewer, Advances in Physiology Education, Impact Factor: 1.981	
2016	Admissions Committee and Reviewer, UCSD IRACDA SURF program	
2016	Ad Hoc Reviewer for APS Minority Travel Fellowship	
2016	Ad Hoc Reviewer for APS Porter Physiology Predoctoral Fellowship	
2016	Blogger, The Physiology Education Community of Practice (https://blog.lifescitrc.org/pecop/2016/07/18/course-preparation-for-a-first-timer-tips-and-example-steps-to-take/)	
2016	Session Chair, APS Trainee Symposium on "Now Hiring PhDs: Postdoc Not Required	
2016	Workshop Presenter, "Inclusivity and Assessment: Best Practices for Increasing Student Learning and STEM Retention" at UCSD, SDSU, and SD City College	
2017	APS Strategic Planning Meeting Participant	
2017	Abstract Reviewer, SACNAS National Conference	
2017	Chair, SACNAS National Conference Scientific Session "Health Disparities in Disease"	
2017	Participant, NIH MARC Site Visit, San Diego State University	
2018	Table Discussion Leader, APS Minority Travel Networking Session "Writing and Defending a Dissertation"	
2018	Manuscript Reviewer, Mediators of Inflammation, Impact Factor: 3.549	
OUTREACH		
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OUTREAC 2010-2014	H Molecular Medicine in Action, Team Member Activity: Dissecting Diabetes Module and histological staining	
	Molecular Medicine in Action, Team Member	
2010-2014	Molecular Medicine in Action, Team Member Activity: Dissecting Diabetes Module and histological staining St. Vincent Health Camp Medical Explorers Leader	
2010-2014 2011-2013	Molecular Medicine in Action, Team Member Activity: Dissecting Diabetes Module and histological staining St. Vincent Health Camp Medical Explorers Leader Activity: Strawberry DNA Extraction, Making poop to learn about the digestive tract IU Division of Diversity Affairs- Crispus Attucks HS Health Career Clubs, Presenter	
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2010-2014 2011-2013 2012 2012 2012-2013	Molecular Medicine in Action, Team Member Activity: Dissecting Diabetes Module and histological staining St. Vincent Health Camp Medical Explorers Leader Activity: Strawberry DNA Extraction, Making poop to learn about the digestive tract IU Division of Diversity Affairs- Crispus Attucks HS Health Career Clubs, Presenter Activity: Lab tour, histological staining, diabetes education St. Malachy 6 th grade science class visit, Presenter Activity: The Digestive System St. Vincent MICI-AHEC, College Preparatory Academy Science Coach Activity: Visit to IUPUI, career student panel, histological staining, DNA extraction Coordinator and moderator for IRACDA 2015 SURF Workshops on "Journal Club	
2010-2014 2011-2013 2012 2012 2012-2013 2015	Molecular Medicine in Action, Team Member Activity: Dissecting Diabetes Module and histological staining St. Vincent Health Camp Medical Explorers Leader Activity: Strawberry DNA Extraction, Making poop to learn about the digestive tract IU Division of Diversity Affairs- Crispus Attucks HS Health Career Clubs, Presenter Activity: Lab tour, histological staining, diabetes education St. Malachy 6 th grade science class visit, Presenter Activity: The Digestive System St. Vincent MICI-AHEC, College Preparatory Academy Science Coach Activity: Visit to IUPUI, career student panel, histological staining, DNA extraction Coordinator and moderator for IRACDA 2015 SURF Workshops on "Journal Club Presentations" and "Graduate Student Panel" SDSU MARC Student Seminar	

2016	Co-Organizer, Research Mini-symposium at UCSD for students from SD City College, Southwestern Community College, and University of San Diego
2017	Guest Panelist, Cal State LA MORE-LSAMP 6^{th} Annual Research Retreat Workshop "So, Why a Postdoc?"
2017	Co-Coordinator, APS PhUN Week outreach visits to Doyle Elementary, Logan Middle School, and Fleet Science Center BeWise Program Campus Visit to UC San Diego
HONODS AN	ND AWARDS
2010-2011	C3 Outstanding Service to Career, Campus and Community Award IUPUI Graduate and Professional Student Government
2011	Educational Enhancement Travel Grant IUPUI Graduate and Professional Student Government (\$1000)
2012, 2013	FASEB MARC Program Travel Award
2013	Outstanding Graduate Student Abstract Indiana Physiological Society's 3 rd Annual Meeting (\$500)
2013, 2014	Minority Travel Fellowship Award American Physiological Society (\$1000)
2013	Virendra B. Mahesh Award of Excellence in Endocrinology APS-Endocrinology and Metabolism Section (\$1000)
2013	Educational Enhancement Grant IUPUI Graduate and Professional Student Government (\$500)
2014	Research Recognition Award APS-Endocrinology and Metabolism Section (\$500)
2014	Dr. Stier Physiology Award Indiana University School of Medicine-Physiology Department (\$1000)
2016-2018	Education Fellow in the Life Sciences National Academies/Howard Hughes Medical Institute/Helmsley Charitable Trust
2017	Future Leaders Advancing Research in Endocrinology (FLARE) Fellow Award Endocrine Society
2018	Women in Endocrinology Young Investigator Award Endocrine Society (\$1000)
2018	Minority Travel Fellowship Award American Physiological Society (\$1800)
FELLOWSH	TIDC
2007-2009	LSAMP-Bridge-to-the-Doctorate Cohort V Fellowship (for M.S. program) California State University, Los Angeles (\$60,000)
2011-2012	Edwin T. Harper Scholar Predoctoral Fellowship Indiana University School of Medicine (\$21,180)
2012-2014	William Porter Physiology Development Predoctoral Fellowship American Physiological Society (\$47,600)

2014-2017 San Diego IRACDA Postdoctoral Fellowship NIH/NIGMS Institutional Research & Academic Career Development Award (\$91,466) PROFESSIONAL MEMBERSHIPS 2012-2013 Underrepresented Professional and Graduate Student Organization (UPnGO), Treasurer Indiana University-Purdue University, Indianapolis 2013-2014 IUSM Graduate Student Representative, Cellular & Integrative Physiology Indiana University School of Medicine 2014-2015 SACNAS, Board of Directors-Student Member 2015-present SACNAS, Life Member 2014-2016 American Physiological Society, Teaching Section Steering Committee and Trainee **Advisory Committee** 2017-present Endocrine Society, member and FLARE Fellow 2014-present American Physiological Society, Member **ORAL PRESENTATIONS CSULA Biomedical Sciences Seminar Series** 2011 Invited talk: The Crossroads of Diabetes: A Midwest Graduate Student's Perspective Indiana Physiological Society 3rd Annual Meeting 2013 Conference talk: p21 activates the intrinsic apoptotic pathway in pancreatic β -cells. 2013 IUSM Center for Diabetes Research Seminar Series **Invited talk**: Stress-induced upregulation of p21 activates apoptosis in pancreatic beta cells CSULA LSAMP Undergraduate and Graduate Student Seminar 2013 **Invited talks:** "The Graduate School Interview Process" and "Life as a Ph.D. student" 2014 Experimental Biology-APS Endocrinology and Metabolism Featured Topic Conference talk: Glucolipotoxicity-induced p21 suppresses pro-survival signaling in pancreatic β-cells 2016 Experimental Biology-APS Muscle Biology Interest Group Symposium Conference talk: The role of Ankrd2 in obesity-induced inflammation and insulin resistance 2017 IU Center for Diabetes & Metabolic Diseases-Metabolism & Islet Biology Seminar Invited talk: A Metabolomic and Transcriptomic Approach to Find Novel Regulators of Obesity-Induced Insulin Resistance 2017 SACNAS National Conference – Postdoc Research Presentation Conference talk: Cysteine and Glycine-Rich Protein 3 Regulates Glucose Homeostasis in Skeletal Muscle SACNAS National Conference – Scientific Session 2017 **Conference talk:** Molecular Determinants of Type 2 Diabetes 2018 CSU San Marcos – Biology Department Seminar

Invited talk: Novel Regulators of Obesity-Induced Insulin Resistance

CONFERENCE POSTER PRESENTATIONS

- 1. **Hernandez A**, Cho J, Contreras J, Russo-Neustadt AA. (2008) Exercise prevents stress associated effects on hippocampal-dependent spatial learning in the Barnes Maze. SfN 38th Annual Meeting.
- 2. **Hernandez AM**, Jeffries K, Colvin ES, Fueger PT. (2011) Trefoil Factor 3 is not Required to Establish Functional Beta Cell Mass *in vivo*. 71st Scientific Session Am. Diabetes Association.
- 3. **Hernandez AM**, Jeffries K, Colvin ES, Fueger PT. (2011) Trefoil Factor 3 is not Required to Establish Functional Beta Cell Mass *in vivo*. NOBCChE Midwest Regional Health Science and BioTechnology Conference.
- 4. **Hernandez AM**, Colvin ES, Fueger PT. (2012) Cyclin-dependent kinase inhibitor 1 initiates apoptosis in beta cells and rat islets. Society for Advancement of Chicanos and Native Americans in Science National Conference.
- 5. **Hernandez AM**, Colvin ES, Fueger PT. (2012) Cyclin-dependent kinase inhibitor 1 initiates apoptosis in beta cells and rat islets. Midwest Islet Biology Club 5th Annual Meeting.
- 6. **Hernandez AM**, Colvin ES, Fueger PT. (2013) Upregulation of p21 activates the intrinsic apoptotic pathway in pancreatic beta cells. Experimental Biology. FASEB J. 27:1154.22.
- 7. **Hernandez AM**, Colvin ES, Fueger PT. (2014) Glucolipotoxicity-induced p21 suppresses prosurvival signaling in pancreatic beta cells. Experimental Biology. FASEB J. 28:1108.9
- 8. **Hernandez-Carretero A**, Weber N, Fahrmann J. La Frano M, Fiehn O, Newman J, Osborn O. (2015) Metabolite Changes Associated with Obesity and Weight Loss. Lipid Maps Conference.
- 9. La Frano M, **Hernandez-Carretero A**, Newman J, Osborn O. (2015) Targeted Metabolomic Profiling of Bile Acids in Metabolically Active Tissues Reveals Reversible and Irreversible Effects of Obesity and Weight Loss. Metabolomics Society Conference.
- 10. **Hernandez-Carretero A**, Fahrmann J, La Frano M, Fiehn O, Newman J, Osborn O. (2015) Metabolite Changes Associated with Obesity and Weight Loss. Metabolomics Society Conference.
- 11. **Hernandez-Carretero A**, Weber N, Fahrmann J, La Frano M, Newman J, Fiehn O, Osborn O. (2015) Metabolomic and transcriptomic changes associated with obesity and weight loss. IRACDA National Conference.
- 12. **Hernandez-Carretero** A, Weber N, Fahrmann J, La Frano M, Newman J, Fiehn O, Osborn O. (2015) Metabolomic and transcriptomic changes associated with obesity and weight loss. UCSD-UCLA Diabetes Research Center Retreat.
- 13. **Hernandez-Carretero A**, Weber N, Osborn O. (2015) Identification of hypothalamic targets for the prevention of relapse to obesity after weight loss. Diabetes Research Center Retreat.
- 14. **Hernandez-Carretero A**, Weber N, Doan N, Osborn O. (2016) The role of Ankrd2 in obesity-induced inflammation and insulin resistance. Experimental Biology. FASEB J. 30:770.3.
- 15. **Hernandez-Carretero A**, Weber N, Doan N, Osborn O. (2016) The role of Ankrd2 in obesity-induced inflammation and insulin resistance. UCSD-UCLA Diabetes Research Center Retreat.
- 16. Thackray, V.G., Skarra, D.V., **Hernández-Carretero, A.**, and Anvar, A.R. (2017) Letrozole Treatment of Pubertal Female Mice Results in Multiple Features of PCOS Metabolic Dysregulation. 99th Annual Meeting of The Endocrine Society.
- 17. Hernandez-Carretero A, Weber N, Doan N, Osborn O. (2017) Cysteine and Glycine-Rich Protein

- 3 Regulates Glucose Homeostasis in Skeletal Muscle. 77th Scientific Session ADA.
- 18. **Hernandez-Carretero A**, Weber N, Doan N, Osborn O. (2017) Cysteine and Glycine-Rich Protein 3 Regulates Glucose Homeostasis in Skeletal Muscle. IRACDA National Conference.
- 19. **Hernandez-Carretero A**, Weber N, Doan N, Osborn O. (2017) Cysteine and Glycine-Rich Protein 3 Regulates Glucose Homeostasis in Skeletal Muscle. SACNAS National Conference.
- 20. **Hernandez-Carretero A**, Martins V, Riopel M, Ho B, Schenk S, Thackray V. (2018) Letrozole Treatment of Pubertal Female Mice Results in Impaired Insulin Action in Skeletal Muscle. ENDO Conference.
- 21. **Hernandez-Carretero A**, Martins V, Riopel M, Ho B, Schenk S, Thackray V. (2018) Letrozole Treatment of Pubertal Female Mice Results in Impaired Insulin Action in Skeletal Muscle. Experimental Biology. FASEB J. 32(1):lb382.
- 22. **Hernandez-Carretero A**, Kameswari A, Molinar-Ingles O. (2018) PhUn week at San Diego: Giving students the hands-on experience in Physiology to inspire the pursuance of college and career pathways in the Biomedical Sciences. Experimental Biology.

REFERENCES

Patrick Fueger, Ph.D. (Ph.D. Thesis research advisor)
Associate Professor of Molecular and Cellular Endocrinology
Beckman Research Institute at City of Hope
1500 E Duarte Rd, Duarte, CA 91010-3000
pfueger@coh.org Tel: (626) 218-0620

Olivia Osborn, Ph.D. (Postdoctoral research co-mentor)
Assistant Professor
University of California, San Diego
Department of Medicine, Division of Endocrinology & Metabolism
9500 Gilman Drive #0673, La Jolla, CA 92093
oosborn@ucsd.edu
Tel: (858) 822-6645

Jerrold Olefsky, Ph.D. (Postdoctoral research co-mentor)
Professor
University of California, San Diego
Department of Medicine, Division of Endocrinology & Metabolism
9500 Gilman Drive #0673, La Jolla, CA 92093
jolefsky@ucsd.edu Tel: (858) 534-6651

Varykina Thackray, Ph.D. (Postdoctoral research mentor) Assistant Professor University of California, San Diego Department of Reproductive Medicine 9500 Gilman Drive #0674, La Jolla, CA 92093 vthackray@ucsd.edu Tel: (858) 822-7693

JoAnn Trejo, Ph.D., M.B.A (NIH NIGMS IRACDA San Diego Director)
Professor and Vice Chair, Department of Pharmacology
Associate Dean for Health Sciences Faculty Affairs
University of California, San Diego
9500 Gilman Drive, MC 0636, La Jolla, CA 92093
joanntrejo@ucsd.edu Tel: (858) 246-0150

Stacy Ochoa-Mikrut, Ph.D. (Teaching Coordinator/Evaluator)
Adjunct Professor, San Diego State University
NIH NIGMS IRACDA San Diego Educational Coordinator
University of California, San Diego
9500 Gilman Drive, MC 0636, La Jolla, CA 92093
sochoamikrut@ucsd.edu
Tel: (312) 852-6294