

**CURRICULUM VITAE**  
**RITA THOMAS BROOKHEART, PH.D.**

**DATE:** August 29, 2022

**PERSONAL INFORMATION:**

Date of Birth: February 9, 1981  
Place of Birth: Long Beach, CA

**CITIZENSHIP:** USA

**ADDRESS AND TELEPHONE NUMBERS:**

Office: Department of Medicine  
Washington University School of Medicine  
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St. Louis MO 63110  
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**PRESENT POSITION:**

Assistant Professor  
Division of Geriatrics and Nutritional Science  
Department of Medicine  
Washington University School of Medicine  
St. Louis, Missouri

**EDUCATION:**

Undergraduate:  
2001-2002

University of St. Andrews, Scotland, Junior Year Abroad Program

2003

B.A. (*magna cum laude*), Sweet Briar College, Sweet Briar, Virginia

Graduate:  
2009

Ph.D., Washington University in St. Louis School of Medicine, St. Louis, Missouri

Postgraduate:  
2009-2013

Post-Doctoral Fellow, Department of Cell Biology, Johns Hopkins University School of Medicine, Baltimore, Maryland

2014-2015

Post-Doctoral Research Associate, Department of Pediatrics, Washington University in St. Louis School of Medicine, St. Louis, Missouri

**ACADEMIC POSITIONS/EMPLOYMENT:**

2015-2016

Research Instructor, Developmental Biology and Genetics Research Unit, Department of Pediatrics, Washington University School of Medicine, St. Louis, Missouri

2016-2018

Research Instructor, Division of Geriatrics and Nutritional Science, Department of Medicine, Washington University School of Medicine, St. Louis, Missouri

2018-2021

Research Assistant Professor, Division of Geriatrics and Nutritional Science, Department of Medicine (primary appointment), and Department of Pediatrics, Washington University School of Medicine, St. Louis, Missouri

2021-present

Tenure-Track Assistant Professor, Division of Geriatrics and Nutritional Science, Department of Medicine (primary appointment), and Department of Pediatrics, Washington University School of Medicine, St. Louis, Missouri

**UNIVERSITY AND HOSPITAL APPOINTMENTS AND COMMITTEES:**

2019-present Member, HHMI Gilliam Fellowship Nomination Selection Committee  
2020-present Chair, HHMI Gilliam Fellowship Nomination Selection Committee  
2020-present Institutional Representative, HHMI Gilliam Fellowship WU  
2021-present Assistant Director, Animal Model Research Core, NORC

**HONORS AND AWARDS:**

2003 Phi Beta Kappa  
2003 *magna cum laude*  
2006-2008 NRSA Minority Individual Pre-Doctoral Fellowship, NIDDK-NIH  
2011-2013 NRSA Individual Postdoctoral Fellowship, NHLBI-NIH  
2015-2016 BIRCWH Scholar, NIH/Washington University in St. Louis  
2021-2022 Harvard Medical School NORC Diversity Scholar

**EDITORIAL RESPONSIBILITIES**

*Ad hoc* Reviewer: Scientific Reports, AJP – Endocrinology and Metabolism, Journal of Functional Foods, American Journal of Medical Genetics: Part A.

**UNIVERSITY PANELS:**

2021 Panelist, WUSM New Faculty Orientation  
2021 Speaker and Panelist, NIH PRIDE CVD-CGE Summer Institute Program in the Division of Biostatistics  
2022 Panelist, WUSM New Faculty Orientation  
2022 Discussion Leader, WUSM MEDA-IMSD partnership  
2022 Inventor Panelist, Office of Technology Transfer

**NATIONAL SCIENTIFIC PANELS/LEADERSHIP:**

2020 NIDDK-NIH NORC Underrepresented in Academia Junior Faculty, NIH  
2020 Office of Diversity, Equity, and Inclusion, Yale School of Medicine  
2021 Reviewer, Intersections Science Fellows Symposium, Yale University  
2021 Advisor, Steering Committee, Intersections Science Fellows Symposium, Yale University  
2021-present NIDDK-NIH NORC Working Group on DEI, NIH  
2022 Early Career Reviewer, POMD Study Section, NIH  
2022 Discussion Leader, NIDDK STEP UP Symposium, NIH  
2022-present Co-Organizer, NIDDK STEP UP Symposium, NIH

**MAJOR INVITED PROFESSORSHIPS AND LECTURESHIPS:**

Institute for Diabetes, Obesity and Metabolism. University of Pennsylvania. May 2009.  
Cell Biology Department, Harvard University. June 2009.  
Division of Rheumatology, Department of Medicine, Harvard University. June 2009.  
Department of Radiation Oncology. Dana-Farber Cancer Institute. June 2009.  
NIH Washington-Area Yeast Meeting, NIH. December 2012.  
Department of Biology and Biomedical Sciences, Yale School of Medicine. September 2020.  
Dr. John Russell Symposia, Washington University. September 2020. (*Postponed due to COVID-19*)  
Cell Biology and Physiology Seminar, Washington University. September 2021.  
Institute of Human Nutrition, Columbia University. March 2022.  
Discovery Science Emerging Scholar Lecture, Department of Molecular Physiology & Biophysics, Vanderbilt University School of Medicine. September 2022.  
Molecular Medicine, University of Iowa Medical Research Center. December 2022.  
Medical University of South Carolina. March 2023.

**RESEARCH SUPPORT:**

**ACTIVE**

**a. Governmental**

- 2019-2023 K01HL145326-01 Brookheart (PI)  
NIH/NHLBI – Mentored Career Development Award  
*Site-1 Protease in the regulation of skeletal muscle metabolism and exercise endurance*
- 2020-2021 P30 DK056341 Klein (PI)/Brookheart (JIT PI)  
NIH/WUSM - NORC Just-In-Time Core Laboratory Funding Program  
*Functional studies of obesity-associated changes in skeletal muscle function and metabolism*
- 2020-2022 P30 DK056341 Klein (PI)/Brookheart (Diversity PI)  
NIH/WUSM – NORC Diversity Award  
*Obesity-associated skeletal muscle dysfunction and regenerative capacity after injury*
- 2022-2027 R25 DK132966 Brookheart (Co-I)  
NIH/NIDDK  
*Summer Program for the Advancement of Research Relevant to NIDDK (SPARK)*

**PAST**

**a. Governmental**

- 2003-2006 T32GM007067 Brookheart (Trainee)  
NIGMS/WUSM - Institutional Training Grant
- 2006-2008 F31DK077583 Brookheart (PI)  
NIH/NIDDK - NRSA Minority Individual Pre-doctoral Fellowship  
*Regulation of lipotoxicity by the non-coding RNA gadd7*
- 2008-2009 R01DK064989-04A2S1 Brookheart (Trainee)  
NIH/NIDDK - Supplement to Promote Diversity in Health-Related Research
- 2011-2013 F32HL106971 Brookheart (PI)  
NIH/NHLBI - NRSA Individual Postdoctoral Fellowship  
*The role of PGRMC1 in hepatic cholesterol homeostasis*
- 2015-2016 K12HD001459 Semenkovich (PI)/Brookheart (Scholar)  
NIH / WUSM - Building Interdisciplinary Research Careers in Women's Health (BIRCWH)  
*Impact of insulin signaling on ovarian mitochondrial function and offspring metabolism*
- 2016-2018 UL1TR000448 Brookheart (JIT PI)  
ICTS JIT Core Usage Funding  
*Evaluation of ER stress in PCOS*
- 2016-2018 P30 DK056341 Klein (PI)/Brookheart (JIT PI)  
NIH/WUSM - NORC Pilot & Feasibility Program  
*Site-1 Protease and the obese ovary*

- 2018-2019 P30 DK056341 Klein (PI)/Brookheart (JIT PI)  
NIH/WUSM - NORC Just-In-Time Core Laboratory Funding Program  
*Functional studies of S1P in mitochondria*
- 2018-2019 P30 AR057235 Silva (PI)/Brookheart (JIT Co-PI)  
NIH/WUSM - Musculoskeletal Research Center Just-in-Time Core Usage  
*The role for S1P in skeletal muscle function*
- 2019-2020 UL1 TR002345 Evanoff (PI)/Brookheart (JIT PI)  
NIH/WUSM - ICTS Just-in-Time Core Usage Funding Program  
*RNASeq analysis of S1P-regulated gene expression in skeletal muscle*

**b. Private/Foundation**

- 2020 Research Donation Brookheart (PI)  
Private Donor  
*Unrestricted funds for Dr. Rita Brookheart Laboratory*

**PATENTS:**

Rita Brookheart and Brian Finck.  
"METHODS AND COMPOSITIONS FOR IMPROVING EXERCISE ENDURANCE OR TOLERANCE"  
U.S. Non-Provisional Pat. Ser. No. 16/732,740 filed 02 January 2019

Rita Brookheart.  
"MUSCLE RETENTION IN AGING AND DUCHENNE MUSCULAR DYSTROPHY (DMD) THROUGH S1P  
INHIBITION" U.S. Provisional Pat. Serial No. 63/370,712 filed 08 August 2022

**TRAINING / MENTEE RECORD:**

**Current Trainees / Mentees**

<u>Name</u>	<u>Position</u>	<u>Yrs Mentored</u>
Carmela, Unnold Cofre	Graduate Student, WUSM	2022-present
Juan Gallardo Pinera	Graduate Student, WUSM	2022-present
Miguel Rodriguez	Graduate Student, WUSM	2022-present
Meredith Kelly	Undergraduate, Cal Poly	2021-present
Muhammad Mousa	Post-bac, Washington University	2021-present
Yasmin Rai	Undergraduate, Washington University	2022-present
Isha Sharma	Undergraduate, Washington University	2022-present

**Past Trainees / Mentees**

<u>Name</u>	<u>Position (Previous/Current)</u>	<u>Yrs Trained</u>
Alison Swearingen	Undergraduate, Washington University/ PhD student, University of Colorado	2014-2016
Efrain Rovira	Undergraduate, Washington University/ Business Dev. Rep., VMware	2017
Connie Gan	Undergraduate, Washington University/ Gen. Surgery Resident, Oregon Health & Science University	2016-2017
Shelby Ek	Post-bac, Washington University/ PharmD student, University of Missouri-Kansas City School of Pharmacy	2019-2020
Lahari Vuppaladhiam	Undergraduate, Washington University/MD student, Univ Chicago	2019-2021

## BIBLIOGRAPHY:

### Peer-reviewed manuscripts

1. **Brookheart, RT.**, Michel, Cl., Listenberger, LL., Ory, DS., Schaffer, JE. The non-coding RNA gadd7 is a regulator of lipid-induced oxidative and ER stress. *J Biol Chem.* 2009: 284: 7446-7454. doi: 10.1074/jbc.M806209200 PMID: 19150982
2. Michel, Cl., Holley, CL., Scruggs, BS., Sidhu, R., **Brookheart, RT.**, Listernberger, LL., Behlke, MA., Ory, DS., Schaffer, JE. Small nucleolar RNAs U32a, U33, and U35a are critical mediators of metabolic stress. *Cell Metab.* 2011: 14: 33-44. doi: 10.1016/j.cmet.2011.04.009 PMID: 21723502
3. **Brookheart, RT.**, Lee, CYS., Espenshade, PJ. Casein kinase 1 regulates sterol regulator element-binding protein (SREBP) to control sterol homeostasis. *J Biol Chem.* 2014: 289: 2725-2735. doi: 10.1074/jbc.M113.511899 PMID: 24327658
4. **Brookheart, RT.**, Swearingen, AR., Collins, C., Cline, L., Duncan, JG. High-sucrose-induced maternal obesity disrupts ovarian function and decreases fertility in *Drosophila melanogaster*. *Biochim Biophys Acta.* 2017: 1863:1255-1263. doi: 10.1016/j.bbadis.2017.03.014 PMID: 28344128
5. **Brookheart, RT.**, Lewis, WG., Peipert, JF., Lewis, AL., Allsworth, JE. Association between obesity and bacterial vaginosis as assessed by Nugent score. *American Journal of Obstetrics and Gynecology.* 2019:220:476.e1-476.e11. doi: 10.1016/j.ajog.2019.01.229 PMID: 30707966
6. Schweitzer G, Gan C, Bucelli R, Wegner DJ, Schmidt R, Shinawi M, Finck BN, **Brookheart RT.** A mutation in Site-1 Protease is associated with a complex phenotype that includes episodic hyperCKemia and focal myoedema. *Molecular Genetics & Genomic Medicine.* 2019 Jul;7(7):e00733. doi: 10.1002/mgg3.733. PMID: 31070020
7. Franczyk, MP., Qi, N., Stromsdorfer, KL., Li, C., Yamaguchi, S, Itoh, H., Mihoko Yoshino, Sasaki, Y., **Brookheart, RT.**, Finck, BN., DeBosch, BJ., Klein, S., Yoshino, J. Importance of adipose tissue NAD<sup>+</sup> biology in regulating metabolic flexibility. *Endocrinology.* 2021 Mar 1;162(3):bqab006. doi: 10.1210/endo/bqab006. PMID: 33543238
8. Chambers, KT., Cooper, MA., Swearingen, AR., **Brookheart, RT.**, Schweitzer, GG., Weinheimer, C., Kovacs, A., Koves, TR., Muoio, DM., McCommis, KS., Finck, BN. Myocardial lipin 1 knockout in mice approximates cardiac effects of human LPIN1 mutations. *JCI Insights.* 2021 May;6(9):134340. doi: 10.1172/jci.insight.134340. PMID: 33986192
9. McGuire, MR., Mukhopadhyay, D., Myers, SL., Mosher, EP., **Brookheart, RT.**, Kammers, K., Sehgal, A., Selen, ES., Wolfgang, MJ., Bumpus, NN., Espenshade, PJ. Progesterone receptor membrane component 1 (PGRMC1) binds and stabilizes cytochromes P450 through a heme-independent mechanism. *J. Biol Chem.* 2021 Nov;297(5):101316. doi: 10.1016/j.jbc.2021.101316. PMID: 34678314
10. Mousa MG., Vuppaladhiam L., Kelly KO., Pietka T., Ek S., Shen KC., Meyer GM., Finck BN., Brookheart RT. Site-1 Protease inhibits mitochondrial metabolism by controlling the TGF- $\beta$  target gene MSS51. bioRxiv 2022. BIORXIV/2022/504591.

### Invited Reviews

1. **Brookheart, RT.**, Michel, Cl., Schaffer, JE. As a Matter of Fat. *Cell Metab.* 2009: 10: 9-12. doi: 10.1016/j.cmet.2009.03.011 PMID: 19583949
2. **Brookheart, RT.** and Duncan, JG. *Drosophila melanogaster*: An emerging model of transgenerational effects of maternal obesity. *Molecular and Cellular Endocrinology.* 2016: 435:20-8. doi: 10.1016/j.mce.2015.12.003 PMID: 2668706

3. **Brookheart, RT.** and Duncan, JG. Modeling dietary influences on offspring metabolic programming in *Drosophila melanogaster*. *Reproduction*, 2016: 152: R79-R90. doi: 10.1530/REP-15-0595  
PMID: 27450801