# **Elective Counseling: Immersion Phase Introduction for MSTP Students**

#### **Phase Directors**

Kim Dahlman, Ph.D. Kendra Parekh, M.D., MHPE

#### **Program Manager**

Brenna Hansen

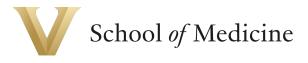
**Program Coordinator, ISCs** 

LaToya Ford

Program Coordinator, ACEs, Als, AEs
Baillie Woodward

https://medschool.vanderbilt.edu/curriculum/immersion/

Email: <a href="mailto:immersion.phase@vanderbilt.edu">immersion.phase@vanderbilt.edu</a>



#### **Elective Counseling Resources**

https://medschool.vanderbilt.edu/mdgateway/elective-counseling-overview/

#### **MD Gateway**

#### **Elective Counseling Overview**

#### **Immersion Phase Elective Counseling Overview**

Immersion Phase Elective Counseling is a joint effort between Medical Student Affairs, Careers in Medicine, the Immersion Phase Team, College Mentors, and the Faculty Specialty Advisors designed to support students in planning and managing their Immersion Phase schedules to ensure timely achievement of graduation requirements and preparation for postgraduation plans.

In need of individual elective counseling? Please let us know so we can schedule a one-onone session with you!

#### **Elective Counseling**

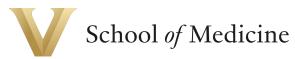


Elective Counseling: Immersion Phase Requirements

Elective Counseling: Documents

**Elective Counseling:** Presentations

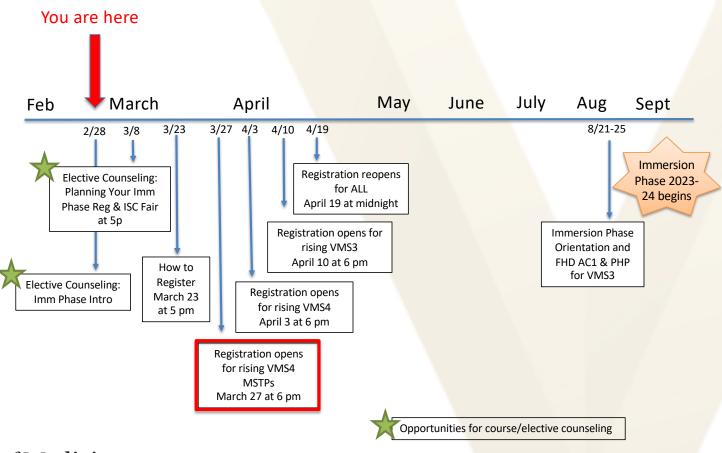
Elective Counseling Overview



#### Session Goals

- Describe the overarching Immersion Phase goals and course types in the Phase
- Discuss the following:
  - Immersion Phase curricular requirements
  - Timing of Step 2 CK
  - Assessment and grading
  - Portfolio coaching
  - Professionalism
  - Discuss upcoming registration timeline and provide counseling on your elective choices

## Registration Timeline



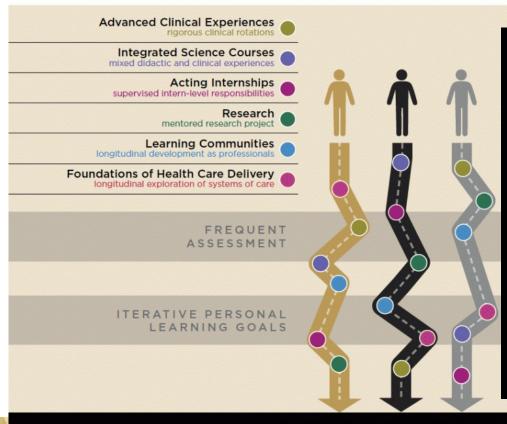


# Immersion Phase Goals & Graduation Requirements



#### Curriculum 2.0: Immersion Phase

A highly individualized post-clerkship phase that uses clinical context to build upon prior learning



#### **IMMERSION PHASE GOALS**

- Deepen FOUNDATIONAL SCIENCE KNOWLEDGE during meaningful clinical engagement
- Solidify CLINICAL SKILLS
- Enhance PRACTICE-BASED LEARNING SKILLS
- Ensure readiness for INTERN ROLE/RESIDENCY
- Expand knowledge and skills regarding SCHOLARSHIP
- Further grow knowledge and skills regarding LEADERSHIP
- Encourage PROFESSIONAL DEVELOPMENT

**IMMERSION PHASE GOALS** 

# What to expect?

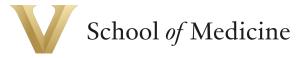
Individualization



Self-direction

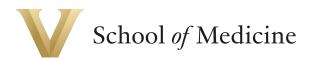
**Honors Grading** 

The Match



C2.0 Class

Requirements



# C 2.0 Immersion Phase: Course Types

#### ACE: Advanced Clinical Experience

 Rigorous clinical experience

#### ISC: Integrated Science Course

Didactic and clinical experiences

# AI: Acting Internship

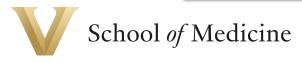
 Supervised intern-level responsibilities

#### AE: Advanced Elective

- Competency- or interest-drive
- Usually nonclinical setting

#### **Special Studies**

- Competency- or interest-driven rotation
- Tailored course
- NOT in the catalog



# C2.0 MD-PhD Immersion Phase Requirements

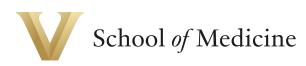
Minimum Immersion Phase Requirements (in Months)			
	1	Integrated Science Courses (ISCs)	
On-Campus	1	1 Acting Internship	
	2	Advanced Clinical Experience (ACEs)	
On-Campus or Away (away with approval*)	4	Competency and Interest-Driven Rotations (can be ISCs, ACEs, Als or Electives <sup>#</sup> )	
8 required months		Must include: 1 Primary Care course 1 Acute Care course (EM or ICU-based course)	
2	2 Flex months		

ISC, ACE, and AI grading = H/HP/P/F

\* No more than two clinical aways for graduation credit

#At least one must be clinical rotation

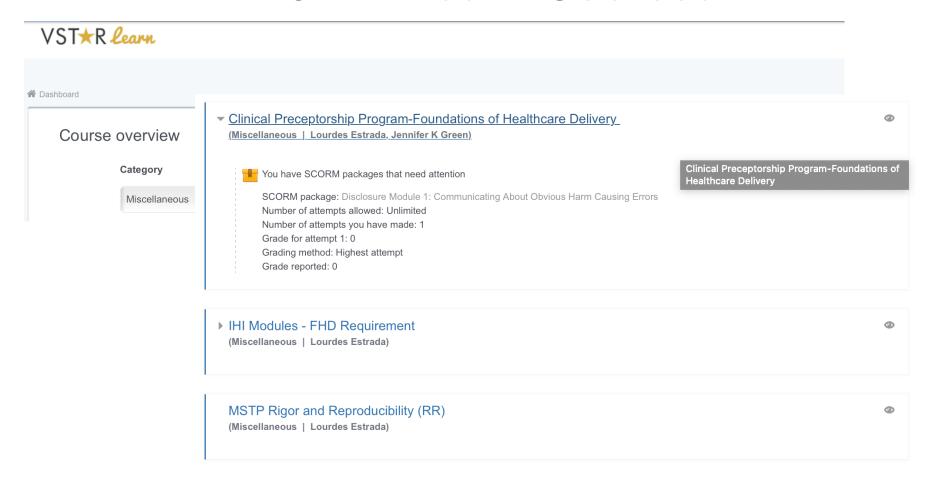
#Any requests for research months (elective) must be approved by Dr. Estrada.



#### C2.0 MD-PhD Longitudinal Immersion Phase Requirements

On Campus	Unit	Mode of Delivery	Mode of Registration	Required Meeting
Yes	Learning Communities Unit 1 (LC1)	Sept or Jan of Immersion Phase	Self-Enroll (yes.vanderbilt.edu)	Monday 3 <sup>rd</sup> week (1-3p)
Yes	Learning Communities Unit 2 (LC2)	Sept or Jan of Immersion Phase	Self-Enroll (yes.vanderbilt.edu)	Monday 3 <sup>rd</sup> week (3-5p)
Yes	Learning Communities Unit 5 (LC5)	Nov or March of Immersion Phase	Self-Enroll (yes.vanderbilt.edu)	Monday 3 <sup>rd</sup> week (1-3p)
Yes	Learning Communities Unit 7 (LC7)	April of Immersion Phase	Self-Enroll (yes.vanderbilt.edu)	Monday 3 <sup>rd</sup> week (1-3p)
No	FHD-RR-Quality Improvement (QI)	VSTAR Learn Course (Self- paced) - Gphase	Coordinated through Dr. Estrada	
Yes	FHD-Interprofessional Education 2 (IPE2)	Pair with ACE in Immersion Phase	Self-Enroll (yes.vanderbilt.edu)	Tuesday 4 <sup>th</sup> Week (1-5p)
Yes	FHD-Patient Safety (PS)	Pair with Immersion Phase Course	Self-Enroll (yes.vanderbilt.edu)	Tuesday 1st and 4 <sup>th</sup> Week (1-5p)
Yes	FHD-Health Care Economics (HCE)	VSTAR Learn/In person	Auto-enrolled in YES	February FHD Immersion Week
Yes	FHD-Health Care Policy (HCP)	VSTAR Learn/In person	Auto-enrolled in YES	February FHD Immersion Week
No	FHD-Institute for Healthcare Improvement (IHI) Modules	VSTAR Learn Course (Self- paced)- Gphase	Coordinated through Dr. Estrada	

#### VSTAR Learn Courses



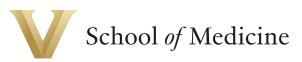
### Step 2 Considerations: For All

Recommendations From Dean of Student Affairs specific to MSTP students returning from G-phase to FCC/Immersion 4th year.

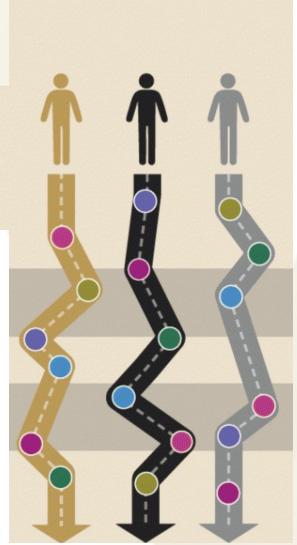
- Sooner is better: after FCC phase recommend taking Step 2 CK (<u>July-Sept/Oct</u>).
  - About 1/3 of programs are asking for Step II CK in order to give out interviews.
  - We haven't seen lack of Step II CK hold back MSTP students from getting their interviews

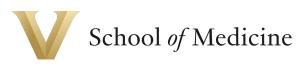
Step 2 CS No longer required!

 For more one-on-one advice: contact Dean Fleming and attend the Registration Fair (Tue, March 8)



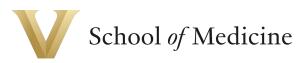






#### All Courses

- Required
  - Sending Compass requests for feedback
  - Receiving midcourse feedback from the course director
  - RCE (Required Clinical Experiences)
     –aka Vital Experiences
     tracking in VITALS
  - Completing Educator Evaluations and End-of-Course Evaluations
- Optional
  - Sending Compass requests for EPA 12 (Procedures) feedback



## Compass Requirements

- Immersion Phase students enrolled in Acting Internships (Als) and Advanced Clinical Experiences (ACEs) must request at least 1 primary Compass assessment per week per VUSM's policy (it is labeled as primary in VSTAR).
  - Immersion Phase students enrolled in a longitudinal ACE must request a minimum of 4 assessments over the duration of the course.
- Immersion Phase students enrolled in Integrated
   Science Courses (ISCs) must consult the course syllabus for
   the required number of assessment requests.

https://www.vanderbilt.edu/catalogs/kuali/som-22-23.php#/content/62a779eceadfde001d598f1c

### Compass Requirements

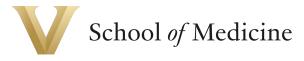
- If you do not send the appropriate number of Compass requests, you will get a flag in your portfolio (domain: professionalism) to alert you about the requirement
- Repeated flags can be problematic and impede progress and promotion

  Professionalism

Professionalism (PR) Concern : Non-compliance with requesting assessments via Compass

Please note: Send all inquiries about this PR concern to <a href="mailto:md.core.curriculum@vanderbilt.edu">md.core.curriculum@vanderbilt.edu</a> and a staff member will respond to your concerns as soon as possible.

This student has been flagged for Professionalism (PR) Concern for Non-compliance with requesting assessments via Compass.



#### Mid-Course Feedback

#### Immersion Mid-Course Feedback

Please log into <u>VSTAR Grades</u> and review the student's assessment data before providing the mid-course feedback below.

Are you concerned about student performance in any of the following domains? Check all that applies

Select all that apply:

None selected •

Patient Care Medical Knowledge

**Interpersonal Communication** 

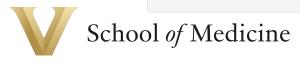
Practice-Based Learning and Improvement

Professionalism

Formative comments: Provide comments that describe areas of student strengths Systems-Based Practice

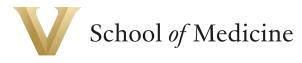
domains of concern above, please address specifically how the student can improve. If there is no assessment feedback data, please provide that information in the formative comments.)

Feedback is not done to you...feedback is a process that you can initiate and engage in.

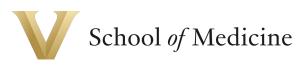


- List of 100 clinical experiences to complete before graduation
- Deemed core, essential experiences that are linked to clinical disciplines
- Essential for a comprehensive medical education to produce well-rounded physicians
- Replaces VC3 and VPen

https://medschool.vanderbilt.edu/md-gateway/vital-experiences/



- You need to ensure you track your Vital experiences
- Log encounters in VITALS (<a href="https://vstar-next.app.vanderbilt.edu/">https://vstar-next.app.vanderbilt.edu/</a>)
  - ACEs/Als = 20 per month (~1 per day of clinical work)
  - -ISCs = 5 per month (~1 per day of clinical work)
- It's fast:
  - 40% of students state it takes < 60 seconds
  - 90% of students state it takes < 2 minutes



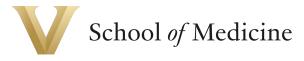
- If you do not log the required number of Vital Experiences per course, you will get a flag in your portfolio (domain: practicebased learning and improvement)
- Repeated flags can be problematic and impede progress and promotion
   Practice-based Learning and Improvement

Practice-based Learning and Improvement (PBLI) Concern: Non-compliance with tracking

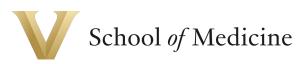
Vitals Experiences

Please note: Send all inquiries about this PBLI concern to <a href="md.core.curriculum@vanderbilt.edu">md.core.curriculum@vanderbilt.edu</a> and a staff member will respond to your concerns as soon as possible.

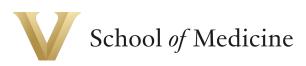
This student has been flagged for Practice-based Learning and Improvement (PBLI) Concern for Non-compliance with tracking Vitals Experiences.



- The School of Medicine needs to transition to Vital experiences from VC3
  - You still get credit for your VC3 work
  - You entered the clinical part of your training with VC3 as your graduation requirement
- You are required to see and submit an encounter for all 25 VC3 topics
  - Credit given for all previously logged VC3 encounters



- You will receive a report from Dr. Travis Crook of where you currently stand with your VC3 topic coverage
- Starting with your first Immersion Phase block, you
  must log Vital Experiences (5 for an ISC, 20 for ACEs and Als)
- Logged Vital Experiences count towards your VC3 requirement
- You MUST have at least 1 of all 25 VC3 Problems to graduate



VC3 Presenting	Corresponding Vital Experiences
Problem	
Abdominal Pain	1) Vomiting; 2) Appendicitis; 3) Bowel Obstruction; 4) Pancreatitis; 5) Diverticular Disease; 6) Labor
Abnormal Vaginal Bleeding and/or Discharge	Abnormal pregnancy and loss; 2)     Abnormal uterine bleeding
Abnormalities of Mood	Acute Agitation; 2) Anxiety Disorder;     Mood Disorder; 4) PTSD/Acute     Stress Disorder; 5) Assessment for     Suicidal/Homicidal Ideation
Altered Mental Status	1) Delirium; 2) Psychotic Disorder; 3) Mental Status Examination; 4) Acute Stroke/TIA; 5) Interpretation of CT Head for Acute Stroke; 6) Neurological Examination; 7) Neurological Localization
Back Pain	Acute Musculoskeletal Pain; 2) Interpretation of Musculoskeletal Radiograph for Fracture; 3) Neurological Examination; 4) Neurological Localization
Breast Complaints	1) Breast Exam; 2) Well-Woman Exam
Chest Pain	Chest Pain due to Coronary Artery     Disease; 2) ECG Interpretation; 3)     Congestive Heart Failure; 4) Anxiety     Disorder; 5) Heart Murmur

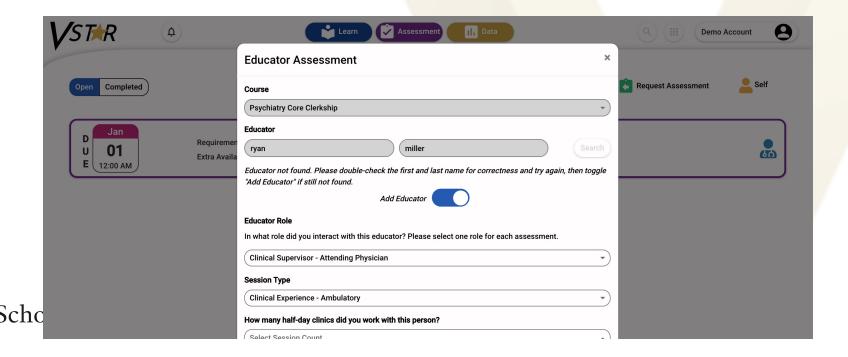
Cough	1) Pneumonia (Pediatric); 2) Respiratory Distress (Pediatric); 3) Pneumonia (Adult); 4) Upper Respiratory Infection (Adult); 5) COPD
Dysuria and Incontinence	1) UTI (Pediatric); 2) Complicated UTI (Adult); 3) Kidney Disease; 4) Foley Catheter Insertion
Fever	1) Acute Otitis Media; 2) Febrile Neonate; 3) Skin, Soft Tissue, Joint, Bone Infection; 4) Pneumonia (Pediatric); 5) UTI (Pediatric); 6) Complicated UTI (Adult); 7) Sepsis; 8) Appendicitis
Functional Decline	1) Menopause; 2) Dementia; 3) Reviewing End-of-Life Goals
Gastrointestinal Bleeding	1) Lower GI Bleed; 2) Upper GI Bleed
Headache	1) Headache
Hypotension / Shock	1) Sepsis; 2) Shock
Jaundice	1) Newborn Jaundice; 2) Cirrhosis; 3) Biliary Track Disease
Obesity	Metabolic Syndrome; 2) Health Coaching
Pelvic Pain	1) Pelvic Pain; 2) Well-Woman Exam; 3) Postpartum Visit; 4) Labor; 5) Pelvic Exam, Pap Smear, and Cultures; 6) Cesarean Section; 7) Vaginal Delivery

Preventative	1) Well-Child Visit; 2) Developmental
Health	Milestones; 3) HEADSS Examination;
	4) Otoscopic Examination; 5)
	Prophylactic Inpatient Care; 6)
	Breast Exam; 7) Family Planning; 8)
	Well-Woman Exam; 9) Pelvic Exam,
	Pap Smear, Cultures; 10) Discharge
	Counseling; Medication
	Reconciliation on Admission or
	Discharge; 11) Health Coaching
Rash	1) Rash
Seizures	1) Seizures
Shortness of	1) Respiratory Distress (Pediatric); 2)
Breath	Pneumonia (Pediatric); 3) COPD; 4)
	Congestive Heart Failure; 5)
	Pneumonia (Adult); Upper
	Respiratory Infection (Adult); 6)
	Acid/Base Analysis; 7) BVM
	Ventillation; 8) Endotracheal
	Intubation
Substance Use	1) Substance Use Disorder; 2)
and Abuse	Medication Reconciliation on
	Admission or Discharge; 3) HEADSS
	Exam
Syncope	1) Syncope
Trauma	1) Blunt/Penetrating Trauma to
	Head, Abdomen, or Chest; 2) Acute
	Musculoskeletal Pain; 3)
	Interpretation of a Musculoskeletal
	Radiograph for Fracture
Unexplained	1) Failure to Thrive; 2) Oncologic
Weight Loss	Process; 3) Unintentional Weight
	Loss



#### Educator Evaluations

- For all ACEs and Als
  - Choose 2 (1 attending, 1 resident) after each rotation
  - Instructions at <a href="https://vstar-help.app.vanderbilt.edu/knowledge-base/submitting-educator-assessments/">https://vstar-help.app.vanderbilt.edu/knowledge-base/submitting-educator-assessments/</a>





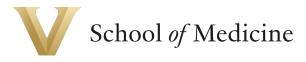
#### Course Evaluations

- Just like in FMK and FCC, you are required to complete course evaluations in the Immersion Phase.
- If you do not complete the required course evaluations, you will get a flag in your portfolio (domain: systems-based practice)
- Repeated flags can be problematic and impede progress and promotion
   Systems-based Practice

**SBP Deficit: Non-response to a Course Evaluation** 

Please note: The Evaluation and Assessment team requests all students contact <u>oume@vanderbilt.edu</u> with any questions relating to SBP deficiencies. Please send all inquiries to <u>oume@vanderbilt.edu</u>, and an Evaluation and Assessment team member will respond to your concerns as soon as possible.

This student as been flagged for SBP Deficit because of Non-response to a Course Evaluation:

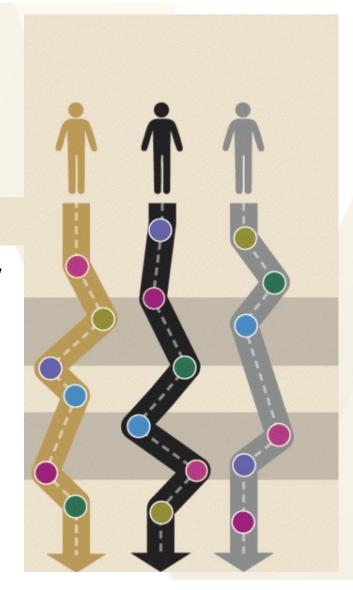


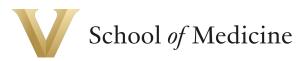
# EPA 12: Perform General Procedures of a Physician

	cribe the student's knowledge of the procedure (e.g., understanding of the indications, contraindications, risks, benefits, alternatives, and/or potential complications of procedure):
	No knowledge. Unable to describe indications, contraindications, risks, benefits, alternatives, or complications.
	Poor understanding that prohibits full participation in procedure.
	Minimal understanding that limits participation in procedure.
	Adequate understanding that permits full participation in procedure.
	Exceptional understanding that inspires confidence.
Desc	cribe the student's technical skills:
	No technical skills. Unable to complete or perform procedure.
	Poor technical skills. Able to complete procedure but with extreme difficulty and intense supervision.
	Minimal technical skills. Able to complete procedure with moderate difficulty and intense supervision.
	Procedurally solid. Able to complete procedure with minimal difficulty and minimal supervision.
	Exceptional technical skill. Able to complete procedure easily and efficiently with minimal supervision.
lf you	u performed the same procedure in similar circumstances with this student, would you trust the student to perform the procedure independently (while you watched only)?
	Yes
	Not Yet

Advanced Clinical Experiences rigorous clinical rotations

## **ACE** Overview





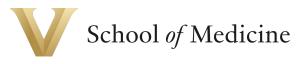
#### **ACE Overview**

Overarching Goals for ACEs

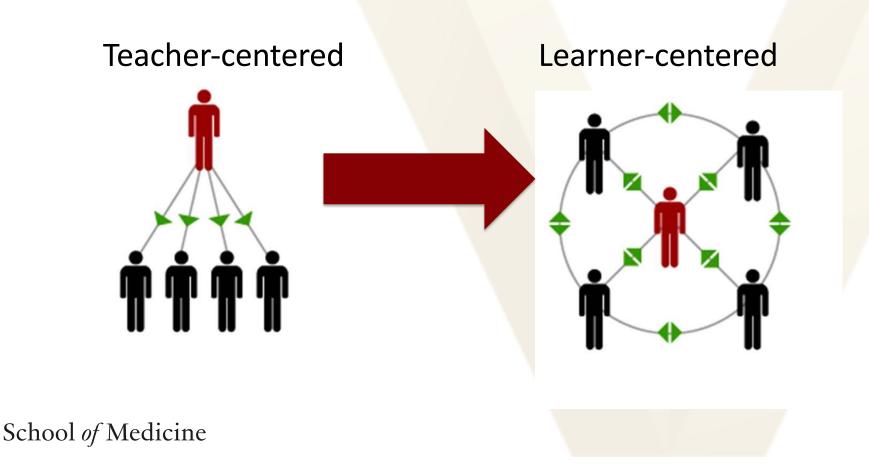
- 1) Solidify clinical skills
- 2) Enhance practice-based learning skills

Opportunities to enhance practice-based learning skills:

- 1) Student learning plan
- 2) Practice-based learning exercise



# Personal Learning Goals and Plan: Why?



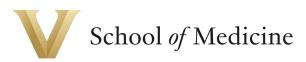
## Evidence for Learning Goals and Plans

- Knowledge and good intentions ≠ behavior change (Saddawi-Kkonefka 2016)
- Setting a goal that is specific leads to higher performance (Bero 1998)
- Feedback is necessary (Kluger 1996)
- Must be important to you right now (Locke 2002)
- Goals are not enough, you need a plan (Koestner 2002, Gollwitzer 2006)

## Creating Goals

- iSMART [inspiring, specific, measurable, achievable, relevant, time bound]
- WOOP [wish, outcome, obstacle, plan]





## Personal Learning Goals and Plan: How To

- 1. Go to VSTAR Portfolio
- 2. Search for ACTIVITY called *Personal Learning Goals and Plan: Imm 2022-23 or 2023-24*
- 3. Commit to your goals and plan by completing the form
- 4. Use the form to generate **discussion** with your clinical preceptor(s) (attending, resident)

# Personal Learning Goals and Plan: Form

#### **Personal Learning Goals and Plan**

Personal Learning Goals and Plan
Please complete this form, print and take with you to your clinical rotation. This form will facilitate the conversation with the frontline clinical faculty that will provide you with learning experiences and potentially assess your progress. Ideally, the learning goals for the rotation should be complimentary to the learning goals you have developed with your Portfolio Coach.
Advanced Clinical Experiences (ACEs) are rigorous clinical experiences that are designed to (1) solidify clinical skills and (2) enhance practice-based learning skills
The Acting Internship (AI) is an intensive, inpatient experience designed to provide the student with increased responsibilities for the assessment of and management of patients.
Please create 2-5 learning goals for this rotation:
2
After you have discussed your learning goals with the frontline clinical faculty, please ask the following questions:
<ol> <li>What clinical experiences would be most helpful to acheive these goals?</li> <li>What additional goals do you think I should focus on this month?</li> <li>What are your expectations for me during this month?</li> </ol>

# Tips for Communicating Your Learning Goals and Plan

- 1. Have the conversation with whoever will be your primary clinical preceptor (faculty, fellows, residents)
- 2. Have the conversation early (week 1, day 1) and often
- 3. Initiate the conversation with something like...

"I am very excited for this rotation and would like to do everything I can to get the most out of it"

"Can I touch base with you quickly about the plan for this clinical session?"

3. Be confident but not brash. Be open to feedback and redirection if your preceptor suggests different goals.



## Practice-Based Learning Exercise: How To

- Goal: Form a clinical question and retrieve evidence to advance patient care
- Do as often as you can





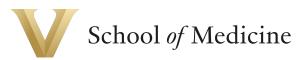
# Practice-Based Learning Exercise: Assessment

- Embedded in the standard VSTAR Portfolio activity for each ACE
- Request assessment via Compass

## Practice-Based Learning Exercise: Assessment

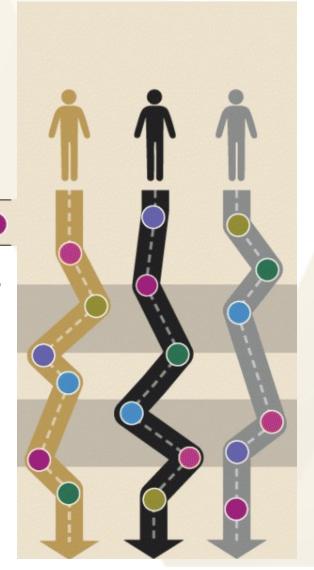
1.	In supervising t	<u>:his student</u>	<u>t in ASKING</u>	and ANS	<u>SWERING</u>	this c	<u>clinical</u>	question,
	how much did	you partici	oate in the t	ask?				

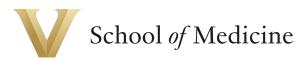
- □ I did it
- ☐ I talked them through it
- ☐ I directed them from time to time
- ☐ I was available just in case
- 2. With regards to the student's ability to FORM a clinical question and RETRIEVE evidence that **would actually change a patient's medical care**, which would you most likely tell them...
  - ☐ I'll double check all of your findings
  - ☐ I'll double check your key findings
  - ☐ I feel comfortable acting on your findings without checking.
- 3. What does this student need to work on to become more independent or to allow you to act upon their findings?



Acting Internships supervised intern-level responsibilities

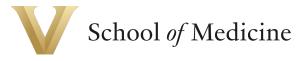
Als





#### Immersion Phase MCTs (iMCTs)

You will have 1 iMCT session in your Al!



#### Why is there an iMCT session in the Immersion Phase?

- To provide a rigorous assessment of emerging clinical skills by a highly trained assessor group as you prepare for residency training
- To allow for tracking of competency development across the phases of the curriculum and just prior to graduation
- To encourage self-regulated learning through the development of learning goals and plans

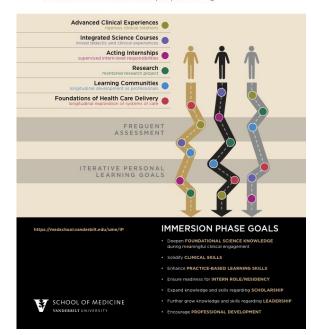
## Why is the iMCT session in the AI?

- The Als are where you have the most clinical responsibilities and are critical preparation for residency
- The Al offers the opportunity to **assess skills important in residency** (focused history and physical, handover, discharge planning) that historically students report they have not been directly observed performing.

## Grading in the Immersion Phase

#### Curriculum 2.0: Immersion Phase

A highly individualized post-clerkship phase that uses clinical context to build upon prior learning

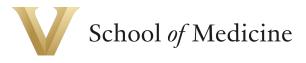


#### Graded as H/HP/P/F

- Integrated Science Courses (ISC)
- Advanced Clinical Experiences (ACE)
- Acting Internships (AI)
- Special Study—Away

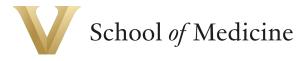
#### **Graded as P/F**

- Advanced Electives (AE)
- Special Studies (Clinical here, Research here or away)
- Learning Communities (LC)
- Foundations of Healthcare Delivery (FHD)



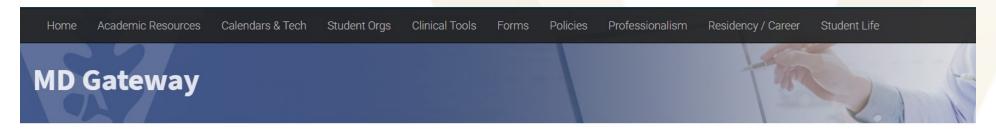
#### Assessment of Competency Domains

**FCC Phase Immersion Phase FMK Phase 6 Domains of** Competence Reach Medical Knowledge **Patient Care Target Target Target** Interpersonal and Communication Skills Practice-Based Threshold Threshold Threshold Learning and Improvement Systems-Based Below Below Below **Practice Threshold Threshold Threshold** Professionalism



#### Milestones

https://medschool.vanderbilt.edu/md-gateway/milestones/



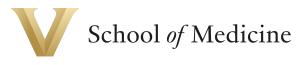
#### Immersion Phase Milestones

Download:

All Immersion Competencies and Threshold/Target/Reach Levels - Excel

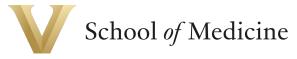
Jump to:

ISC | AI | ACE | Research Immersion (PLAN) | Research Immersion (Research Director) | Research Immersion (Mentor/Teammate) | Immersion Portfolio Coach



ASSESSMENT in the IMMERISON PHASE	ACEs	ISCs	Als
FOCUS of Assessment	Clinical Skills Practice-Based Learning	Medical Knowledge Integration	Ensure Readiness for Internship
Predominant Method of Assessment	<ul><li>Milestones</li><li>EPA 2</li><li>EPA 7</li><li>EPA 12*</li></ul>	<ul> <li>Knowledge         Assessments         -Multiple Choice         Exams         -Essay exams         -Projects         -Presentations</li> <li>Milestones</li> </ul>	<ul> <li>Milestones</li> <li>EPA 4</li> <li>EPA 5</li> <li>EPA 8</li> <li>EPA 10</li> <li>EPA 12*</li> </ul>

Milestones: <a href="https://medschool.vanderbilt.edu/md-gateway/immersion-phase-milestones/">https://medschool.vanderbilt.edu/md-gateway/immersion-phase-milestones/</a>



#### Assessment Video

https://vanderbilt.box.com/s/4ybsdqsedy4fvglnpmbz55u4lpmns7y0



## Portfolio Coaching



#### What is a coach?

"An academic coach is a person assigned to facilitate learners achieving their fullest potential.

Coaches work with learners by evaluating performance via review of objective assessments, assisting the learner to *identify needs* and *create a plan* to achieve these, and helping the learner to be *accountable*."

#### How is a coach different than an advisor or mentor?

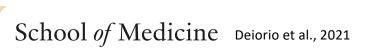
#### **RATIO OF ENGAGEMENT**



**Episodic, issue-focused** relationship depending on what the learner needs to know or asks. Based on advisor expertise.

**ADVISOR** 

"In my experience, you should find an endocrinology mentor, perform well on an advanced physiology or endocrinology elective, and apply to 10 residency programs."



Probing & listening
Telling & Answering



Longitudinal, personal relationship focusing on the learner's longer-term development. Based on mentor experience.

**MENTOR** 

"What do you like about the work I do?" "This was my journey; is that a path you see for yourself?" "Let's partner in finding a research project for you."

#### How is a coach different than an advisor or mentor?

#### **RATIO OF ENGAGEMENT**

Probing & listening
Telling & Answering



#### A coach will:

- Prompt you to envision your future
- Facilitate learner-driven meetings
- Ask, not tell
- Assist with goal setting and provide accountability

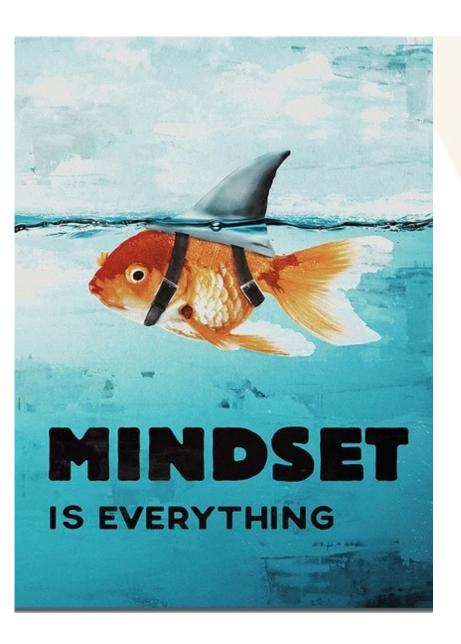




## Why coaching?

- It is proactive, flexible, inclusive
- Facilitates the development of selfregulated learning skills (e.g., reflection, goal-setting) which are key determinants of mental health, academic performance, clinical performance
- Supports a culture of learning with the goal of developing healthy, sustainable lifelong learning habits to empower continued learning

Conyne, 2015; van Nguyen et al., 2015



#### Your Approach Matters

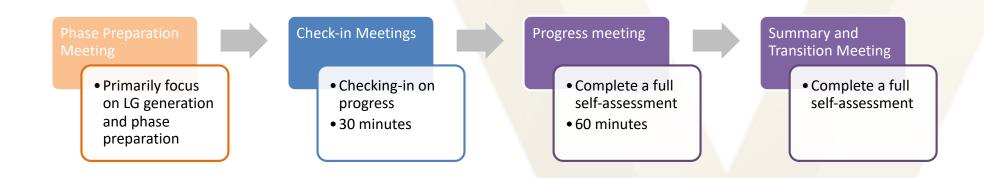
- Be curious
- Ask yourself questions
- Test your assumptions
- Good enough



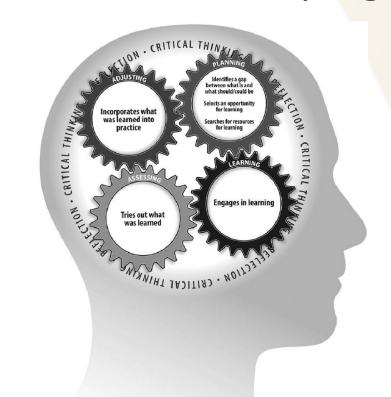
## VUSM Portfolio Coaching Program Goals

- Inspire and support students in defining and reaching their full potential
- Assist students in creating and meeting academic goals
- Support informed self-assessment to facilitate selfregulation and lifelong learning

## Framework for Coaching Meetings Across Phases



#### **Developing Expert Learners**



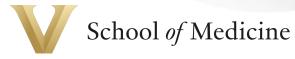
#### **Coaching Process**

Schedule Meeting

Work and Learn Portfolio Self-Assessment

Post-Meeting Reflection

Coach Meetings



Cutrer WB, Miller B, Pusic MV, Mejicano G, Mangrulkar RS, Gruppen LD, Hawkins RE, Skochelak SE, Moore DE. Jr. 2016. Fostering the development of master adaptive learners. Acad Med. 92:70–75.

#### Components of the Self-Assessment

- Instructions (will include meeting agenda)
- Student Thoughts
- Milestones by domain with a domain summary
- Student Report

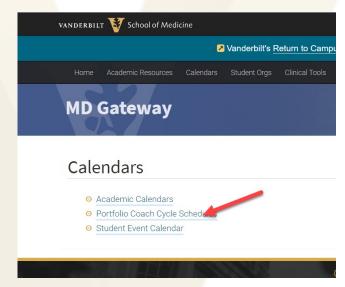


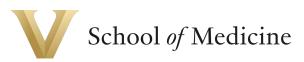
## Coaching Calendars

 Coaching calendars can be found in the MD Gateway under the Calendar section

https://medschool.vanderbilt.edu/md-

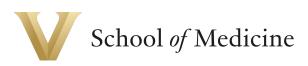
gateway/calendars/





## Coaching Calendars

- You will receive an email introducing you to your coach as you prepare to enter the Immersion Phase
- Encouraged to meet with your coach just prior to entering the phase or during 1st rotation back.
- Your "official" meetings with your coach will follow those of your graduating class.
- Schedule appointments on VSTAR Next (<a href="https://vstar-next.app.vanderbilt.edu/">https://vstar-next.app.vanderbilt.edu/</a>)



## Portfolio Coaching Meetings

Meeting	Meeting Scheduling Available	Meeting Scheduling Complete	Portfolio Self- Assessment Available	Portfolio Self- Assessment Due	Coaching Meetings	Post-Meeting Review Due
Meeting 1: Phase Intro	Aug. 1, 2022	Aug. 22, 2022	N/A	N/A	Aug. 22 - Sept. 2, 2022	N/A
Meeting 2: Checking-in	Oct. 17, 2022	Oct. 31, 2022	N/A	N/A	Nov. 7-23, 2022	N/A
Meeting 3: Checking- in	Jan. 3, 2023	Jan. 23, 2023	N/A	N/A	Jan. 30 - Feb. 17, 2023	N/A
Meeting 4: Progress meeting	April 10, 2023	April 24, 2023	May 1, 2023	May 7, 2023	May 8-24, 2023	May 26, 2023
Meeting 5: Checking- in	June 26, 2023	July 10, 2023	N/A	N/A	July 10-28, 2023	N/A
Meeting 6: Progress meeting	Sept. 5, 2023	Sept. 18, 2023	Sept. 18, 2023	Oct. 8, 2023	Oct. 9-30, 2023	Nov. 11, 2023
Meeting 7: Graduation Readiness	Dec. 11, 2023	Jan. 8, 2024	Jan. 8, 2024	Jan. 14, 2024	Jan. 15-31, 2024	Feb. 2, 2024



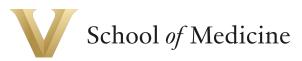
School of Medicine

#### **Contact Information**

Kendra Parekh
Kendra.Parekh@vumc.org

Nayyer Ghadirian nayyer.ghadirian@Vanderbilt.Edu

portfoliocoaching@vanderbilt.edu



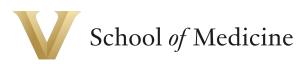
# Assessment and Grading in the Immersion Phase

Immersion Phase Website

https://medschool.vanderbilt.edu/curriculum/immersion/

#### Promotions Committee in IP

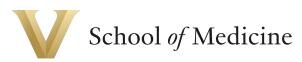
- They are here to HELP and SUPPORT your overall growth and learning
- The hard(est) work is behind you!
- System-based practice and professionalism are the most common reasons for actions from the Promotions Committee
- Be proactive, be open, be honest!



#### Promotions Committee in IP

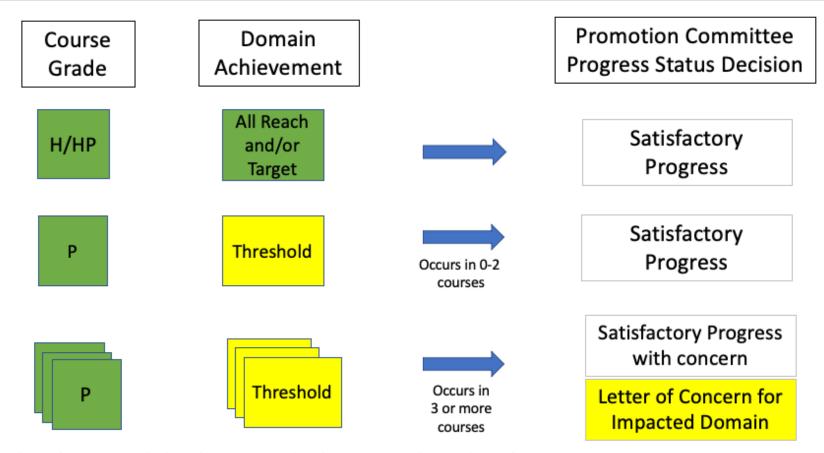
- Information found in MD Catalog
  - https://www.vanderbilt.edu/catalogs/kuali/som-22-23.php#/content/626310c7017a7c3ad3bee68b
- Detailed information found on the MD Gateway

# Student Assessment Information Advanced Clinical Experiences Acting Internships Integrated Science Courses Research Immersion (PLAN) Research Immersion (Research Director) Research Immersion (Mentor/Teammate) Immersion Portfolio Coach Maximizing Compass Feedback Progress and Promotions – Immersion



#### **Immersion Phase**

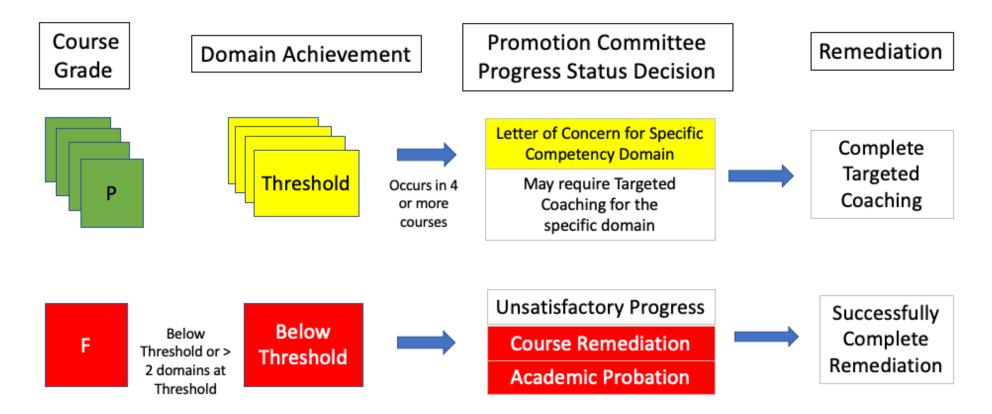
Satisfactory Performance: Target in all competency domains\*



<sup>\*</sup> This slide is for students who have been promoted to the immersion phase with satisfactory progress. Promotion Committee progress and promotion status decisions may be different for students promoted with satisfactory progress with concern.

#### **Immersion Phase**

Unsatisfactory Performance: Domain at "below threshold" or > 2 domains at "threshold"

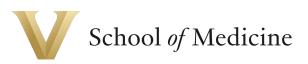


<sup>\*</sup> This slide is for students who have been promoted to the immersion phase with satisfactory progress. Promotion Committee progress and promotion status decisions may be different for students promoted with satisfactory progress with concern.

## Professionalism

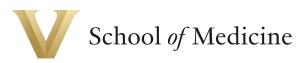






## Email Etiquette



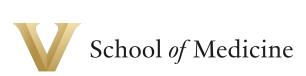




#### Health and Wellbeing

We want you to be healthy and whole

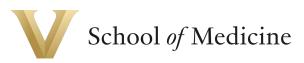
- Student Health
- UCC Med school specific appointments
  - Online or call to make appt
  - Appts available within the week
  - 3-6pm
  - Telehealth
  - Counselors have had additional training about curriculum and being an MD student!
- Student Wellbeing Center

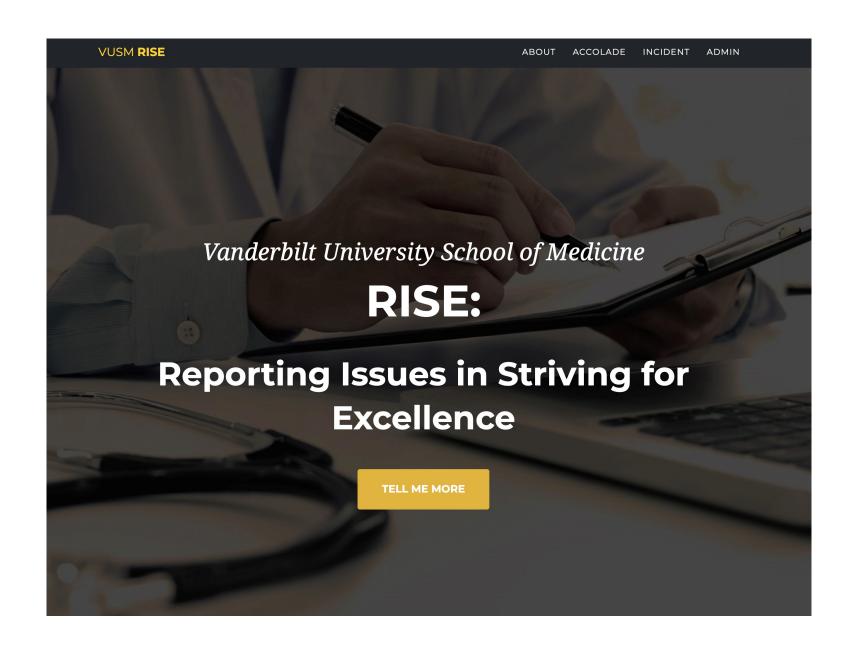




#### Exposure to bloodborne pathogens

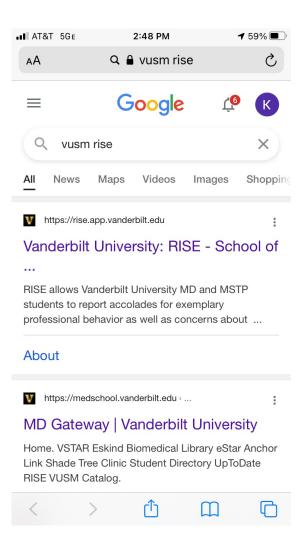
- Covid
  - Exposure?
  - Positive test?
  - https://www.vanderbilt.edu/coronavirus/faqs/command-center/
- Bloodborne pathogens
  - Occupational health (ED if after hours) initial visit
  - Student Health for follow ups
  - Bill insurance first, then remainder paid through student health





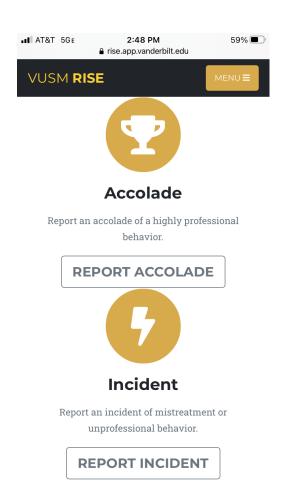
#### Accessing RISE

- Simple Google search
- MD Gateway
- https://rise.app.vanderbilt.edu



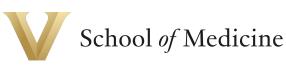
#### Reporting in RISE





#### Standard of Behavior

- Found on MD Gateway
  - https://medschool.vanderbilt.edu/md-gateway/policiesprocedures/
- Found in the School of Medicine Catalog
  - VUSM Compact Between Teachers and Learners
    - https://www.vanderbilt.edu/catalogs/kuali/som-22-23.php#/content/626310c6017a7c0f8ebee637
  - Standard of Behavior for Interactions with VUSM students
    - <a href="https://www.vanderbilt.edu/catalogs/kuali/som-22-23.php#/content/626310c6017a7cc13dbee636">https://www.vanderbilt.edu/catalogs/kuali/som-22-23.php#/content/626310c6017a7cc13dbee636</a>



# Logistics



#### **VA** Access

- If you are rotating at the Veteran's Affairs Hospital you need to make sure your VA computer codes are still active:
  - Go to the VA and log in to any VA computer to check
  - If you have lost access, contact the VA Help Desk from any VA phone at 2-6500
- Our team will prompt you four weeks before your rotation
- Details regarding access can be found at <a href="https://medschool.vanderbilt.edu/md-gateway/va-rotations/">https://medschool.vanderbilt.edu/md-gateway/va-rotations/</a>
- If you are enrolled in a course that requires VA access and you do not obtain your access, you may be dropped from the course.

# Adding and Dropping

# Pay attention to add/drop deadlines. You are responsible for managing your enrollment

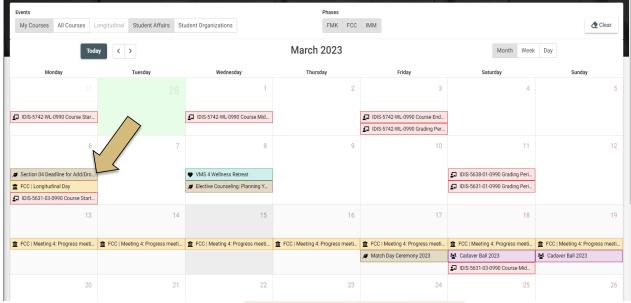
Self-service (via YES) adding and dropping is available throughout the academic year subject to the following deadlines:

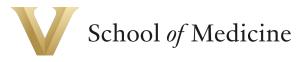
- No less than 6 weeks in advance for
  - All ISCs
  - Some ACEs (e.g., EM and Primary Care)
- No less than 4 weeks in advance for most ACEs
- No less than 1 week in advance for all individual (longitudinal) FHD units and LC units
- For details, see the class note under each immersion rotation in YES School of Medicine

#### Add/Drop Deadlines

 Add/drop deadlines can be found in the MD Gateway on the academic calendar and on the VSTAR Calendar in

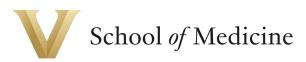






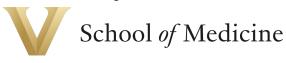
#### Late Requests to Add or Drop

- Late requests to add or drop are evaluated case-by-case.
  - Immersion rotations Immersion Phase Team (immersion.phase@Vanderbilt.edu)
  - Longitudinals contact the longitudinal email address and cc immersion.phase@Vanderbilt.edu
    - FHD Team (fhd@Vanderbilt.edu)
    - Research (vms.research@Vanderbilt.edu)
    - Learning Communities (<u>LC@Vanderbilt.edu</u>)
- Please DON'T contact the course director.
- Send email request explaining why deadline was not met. Dean Fleming is available as a resource
- *If drop or add is approved*, complete the form at <a href="https://medschool.vanderbilt.edu/md-gateway/forms/">https://medschool.vanderbilt.edu/md-gateway/forms/</a>



#### Completing AWAY Rotations

- You are eligible once FCC phase is complete, and you have taken and passed Step 1.
- Instructions, FAQs and the registration form are online at <a href="https://medschool.vanderbilt.edu/md-gateway/away-rotations/">https://medschool.vanderbilt.edu/md-gateway/away-rotations/</a>
- You must apply AND REGISTER
- 7100 form must be completed 28 days before the start of the course, or you will not receive credit toward graduation
- You can apply for most away rotations through the Visiting Student Learning Opportunities (VSLO) which is sponsored by the Association of American Medical Colleges (AAMC).



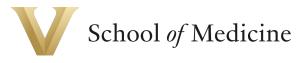
#### Completing AWAY Rotations

- No more than two (2) clinical away rotations can be counted toward graduation requirements.
- You are allowed to take more than two (2) clinical away rotations, understanding that only two (2) will count for graduation requirements.
- If after discussion with your specialty advisors, you feel it is important to take more than two (2) away rotations, you will still need to register through the VSLO and Vanderbilt registration procedures. All rotations you are registered for and complete will be reflected on your transcript with your final grades.

#### Registering for an AWAY Rotation

- Once you have been accepted for an away rotation, you MUST go through the approval process to register for the away rotation
- If you do not follow the process, you do not have liability coverage and you will not receive credit toward graduation!

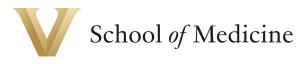




## Process for Pursuing AWAY Rotation

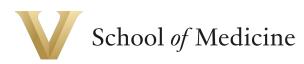
- Office of Enrollment Services MUST receive notification from VUMC departmental approver. [see website for list]
- You are not registered until your form is submitted, departmental approval is received, and you see the rotation listed in YES.
- ALWAYS check for schedule conflicts and remember the immersion phase add/drop deadlines.
- In early spring (~Jan-Feb), the Office of Enrollment conducts extensive in-person overview of the process.

Contact: Office of Enrollment Services medregistrar@vanderbilt.edu



### Attendance Policy

- Attend <u>all</u> required sessions as described in the course syllabus (research is considered required)
- <u>Pre-approval is required for all absences</u> (interviews, religious holy dates, presentations at scholarly meetings, etc.)
  - Submission of request is not guarantee of approval
  - Submit requests at least 4 weeks in advance of start of course
- If you miss more than 2 days, you must reschedule in coordination with the Course Director
- Unplanned absences can be approved for serious medical issues and family emergencies—complete the form as soon as possible



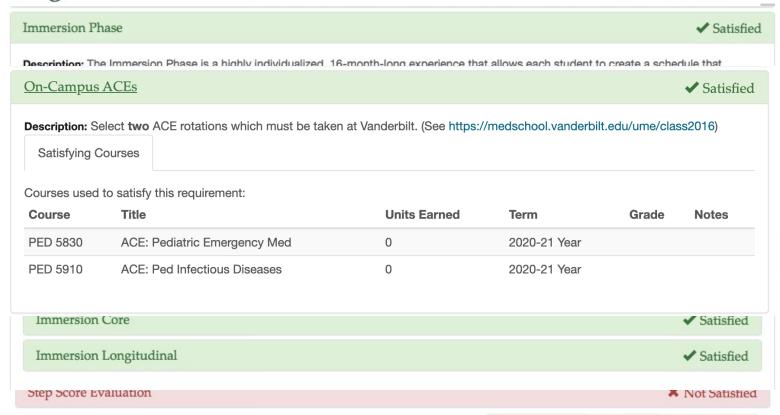
#### Attendance Policy

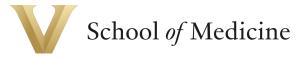
- Link to the form can be found in the MD Student Gateway (<a href="https://medschool.vanderbilt.edu/md-gateway/forms/">https://medschool.vanderbilt.edu/md-gateway/forms/</a>).
- Full policy and form available in every V\*Learn Immersion Phase course.

#### Degree Audit

- Designed to track progress toward degree completion
- Helps you know which "bucket" a course or rotation falls into
- Available to you and your portfolio coach in YES

#### Degree Audit





#### Useful Links/Contacts

- Immersion Phase Requirements
  - https://medschool.vanderbilt.edu/md-gateway/academic-resources/
  - <u>Immersion.phase@vanderbilt.edu</u>
  - MSTP Checklists
- Elective Counseling
  - https://medschool.vanderbilt.edu/md-gateway/elective-counselingoverview/
- Careers in Medicine
  - https://medschool.vanderbilt.edu/student-affairs/cim/
- Enrollment
  - https://medschool.vanderbilt.edu/explore-vusm/enrollment-services/
- FHD
  - https://medschool.vanderbilt.edu/curriculum/fhd/
  - FHD@vanderbilt.edu
- Learning Communities
  - LC@Vanderbilt.Edu

