Psychological and Counseling Center Health Excuse Policy

The Vanderbilt Psychological and Counseling Center (PCC) does not provide excuses for short term mental health problems that may lead to missed classes, labs, studios, exams, or deadlines. This policy resembles those of most other major universities and is consistent with the recommendations of the American College Health Association. We will provide documentation of individual appointment attendance. Vanderbilt University expects that students will communicate with their professors regarding their ability to complete work, and professors are expected to work with students on these issues.

In instances of acute grief or loss students are encouraged to seek support from the PCC and to communicate their circumstances to their professors and the Academic Dean.

Assistance with serious, ongoing mental health concerns or prolonged absence due to acute grief or loss:

When a student is hospitalized or has serious, ongoing mental health concerns or experiences prolonged grief secondary to personal loss that adversely impacts the student’s academic performance, the student may wish to request accommodations. Please refer to the PCC accommodation request found here.

For information about the Equal Opportunity, Affirmative Action, and Disability Services Office (EAD) please refer to http://www.vanderbilt.edu/ead/ds_students.html.

Print this policy

If professors or instructors request that you present a health or medical excuse from the PCC, please print a copy of this document to give to them.