

ASPIRE to Connect: Building Professional Relationships

Josh Fessel, MD, PhD

Twitter: @JoshFessel

12 March 2018

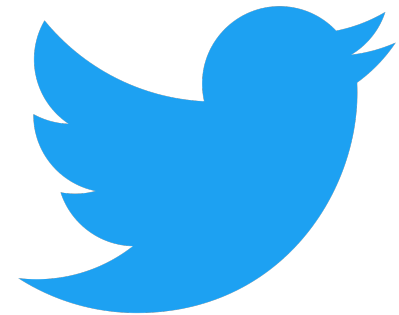
Science and Social Media: Lessons & Reflections from an 18 Month Twitter Experiment (n = 1)

What We'll Try to Cover

- Quick social media intro
- How you can help yourself
- How you can hurt yourself
- Emerging topics
- RCR-type issues

Social Media (SoMe)

- Facebook
- Twitter
- Instagram
- LinkedIn
- ResearchGate
- Many, many others



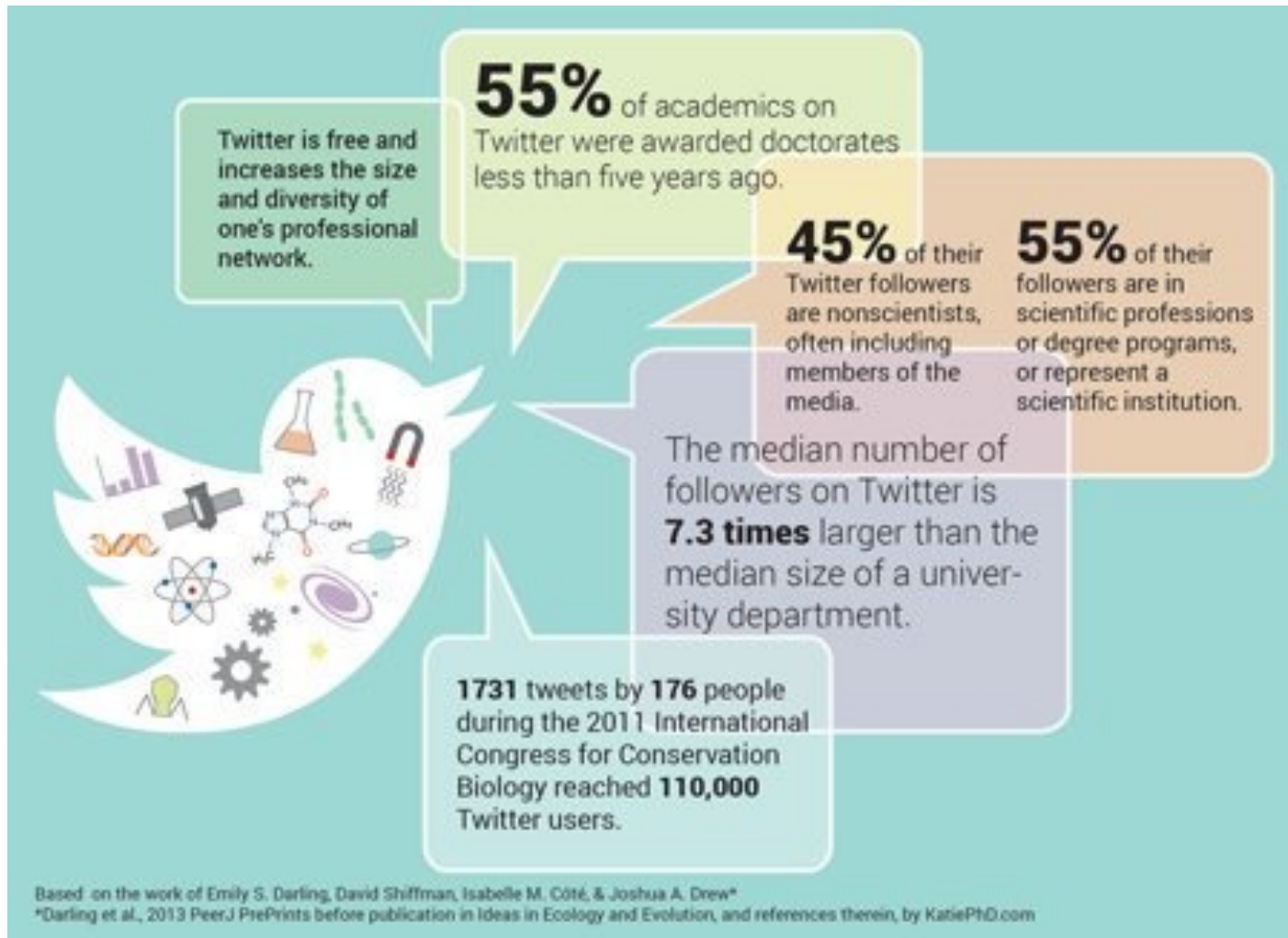
How Do They Differ?

- Types of interactions/posts
- Tone
- User base
- Accessibility to users and non-users

Why Bother With Twitter or Any Social Media?

- Exposure
 - Highly tweeted articles *eleven times* more likely to be highly cited (?cause vs. recognition, see PMID 22173204)
- Connections
 - Direct line to scientists you'd otherwise never meet
- Community
 - Can be a great source of input, support, critique, collaboration
- Network
 - Your future mentor/employer may be on SoMe

Why Twitter, Specifically?



Reach = Power



Donald J. Trump

@realDonaldTrump

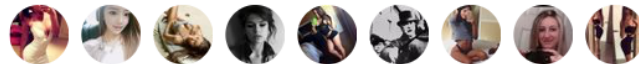
Follow



Based on the tremendous cost and cost overruns of the Lockheed Martin F-35, I have asked Boeing to price-out a comparable F-18 Super Hornet!

2:26 PM - 22 Dec 2016

14,591 Retweets 60,819 Likes



11K 15K 61K

Lockheed Martin lost 2% of its value in under 24 hours following this tweet.

That amounted to almost **\$1.5 billion**. (Source: IVN Jan 27, 2017)

The Experiment

- To procrastinate while writing a grant, decided to try out Twitter
- Minimum of one year
- Focus on science and scientists
- Started by limiting myself to one tweet daily
 - Will talk about why that doesn't work
- All promoted tweets blocked

Ways to Make It Work

- Actively network
 - Reference others
 - Promote to be promoted
- Picture = 1000 words
- DON'T BE A TROLL!
- Topics/hashtags
- Cross platform connections
- Timing

Active Networking

it. And I don't think going to a rented office in a strip mall to listen to some agent of averageness explain which words mean which feelings has ever helped me anything. I think it's helped me get comfortable and stay in a state



Tweets **56.7K** Following 1,474 Followers 10.7K Likes 8,373 Lists 6

Following

DrBates

@BatesPhysio Follows you

Tweets **Tweets & replies** Media

📌 Pinned Tweet

Who to follow · Refresh · View all



DNLee @DNLee5



Tweets **16.4K** Following 1,946 Followers 2,121 Likes 7,358 Lists 1

Following

McLNeuro

@McLNeuro Follows you

BethAnn McLaughlin. American Hero/Dotard FWIOTI

Tweets **Tweets & replies** Media

📌 Pinned Tweet



McLNeuro @McLNeuro · 15 Jul 2016

Nothing great was ever built or imagined by people cowering from their past.

Who to follow · Refresh · View all



CMV-GCaiT6m @caitvw

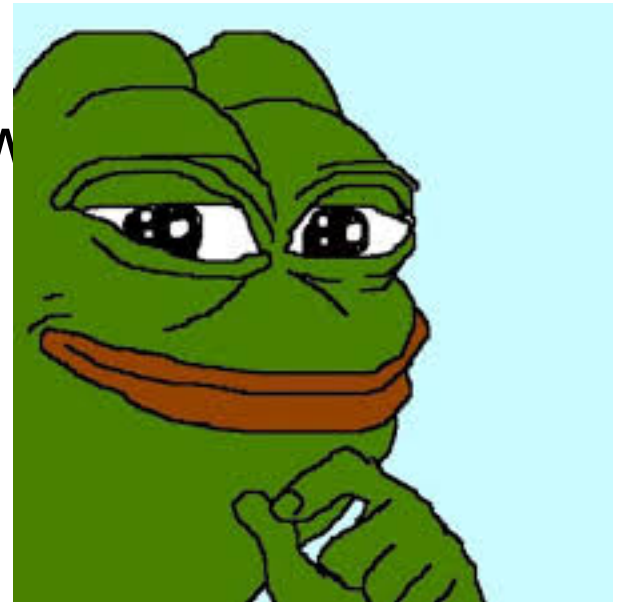
Follow

Picture = 1000 Words

- Picture vs. GIF vs. video
- Pictures you take may be geotagged
- Pictures you find should be properly attributed



is the 1000 words



Timing

- People's social media use varies through the day
- A lunchtime or evening tweet/post might get seen more
- Consider retweeting/re-posting stuff at opportune times or multiple times
- If you want to nerd out on this, there are ways to extract analytics

Unanticipated Benefits

- Easier
- science
- Awareness
- Unexpected
- Learning
- and
- Character
- academic
- As



Gina Baucom
@gbaucom

Following

Seeking info for a talk: what's the crappiest thing you've heard said about a woman academic? (No names, pls RT).

6:32 AM - 7 Jun 2017

704 Retweets 362 Likes



883 704 362



Tweet your reply



Gina Baucom @gbaucom · Jun 7

Replying to @gbaucom

I'll start -- "She got the job because the men wanted to f--k her and the women weren't threatened by her"

5 10 65



Gina Baucom @gbaucom · Jun 7

Another "I won't hire women post-docs bc they will have babies"

11 12 82

e of

elds

deep

s in

Things to Consider and Remember

- The Internet **never forgets**
- The Internet is public and searchable
- Pseudonym vs. real name
- All business vs. mix vs. personal
- Employers *will* Google you/look you up
- So will students, postdocs, employees, patients....
- Consider the “optics”

How You Can Get Into Trouble

- Offensive words/images
 - On purpose or by accident
- Incomplete information
- Misunderstanding
- Surprise visibility
- Drunk tweeting/posting (seriously)
- Many, many others....

To Pseud or Not to Pseud?

CRACKED

ARTICLES ▾ VIDEOS ▾ IMAGES ▾ PERSONAL EXPERIENCES FORUMS MORE ▾

✎ WRITE FOR US



Subscribe Now



PERSONAL EXPERIENCES WEIRD WORLD 6 INSANE REALITIES OF EMERGENCY MEDICINE (YOU SHOULD KNOW)

6 Insane Realities Of Emergency Medicine (You Should Know)



Facebook



Twitter



Google Plus



R. Jason Benson



Doctor Joshie

September 25, 2015

1,185,299 views

By



A Couple of Cautionary Tales

- The dating website profile that wouldn't die
- The unfortunate Facebook profile pic
- "So proud of my baby girl!"
- "Remember this? LOL!"
- Mistaken identity (aka, the IMDB incident)
- And so on....

So, Is It Worth It?

- For me, yes
- Met lots of new colleagues
- Learned about things I never knew existed (e.g., preprints)
- MUCH more aware of important social issues
- Developed new professional opportunities
- Have “attended” conferences virtually
- Have come to think that some social media savvy will be required for scientists

How This Might Evolve

- Social media as a factor in tenure and promotions decisions
 - “favorable recognition within their discipline and at a national level”
 - In the age of SoMe, this can be quantified (in a way that doesn't involve grant \$\$\$)
- Real time discussions
- Open science
- Subject recruitment
- Other opportunities are constantly popping up

Real World Summary

Academic Twitter Etiquette 101

Version 1, by Sabah UI-Hasan (@s_ulhasan) October 2017

Credits: Hao Ye (@Hao_and_Y), Christine Liu (@christineluiart), Tayler SantaMaria (@itatiVCS)

At a Conference? (live tweeting)

- Are there already social media guidelines (i.e. @ESA_org 2017)?
- If not, pose one for a future conference code of conduct.
- If not, ask the session chair or moderator for clarification.
- Always give credit where due.
- Ensure a poster presenter or speaker is comfortable with pictures taken and/or tags.
- Be aware of Tweet pacing out of courtesy to other attendees or followers of your personal account.

Tagging and Commenting

- Are your tags and who you follow biased? (i.e. gender gap)
- Avoid comments of only tags or hashtags, it reads as spam.
- Be mindful of automatic tags in each thread comment or reply.
- Retweet people who respond to extend their reach and keep them in the conversation.
- Maintain professionalism, but don't be afraid to call out ignorant or false statements.
- Note the tone when addressing professors versus undergraduates and mind Tweet permanency.

Original Content

- Compose easily retweetable content and untag as a courtesy.
- For example, instead of Tweets with usernames pose a question for open and inclusive input.
- Avoid spill-over Tweets or note (1/n).
- Compose publication Tweets with credit to the author(s) and journal.
- A publication Tweet with the key figure can also extend reach.
- Incorporate commonly-used hashtags for the topic of interest your field and/or time of the year.

Resources

Priego (@ernestopriego), 2013

Bik (@hollybik) and Goldstein (@MiriamGoldste), 2013

Barretta (@angiabar), 2014

Scoble (@paraphyso), 2015

The Guardian (@guardian)

PLOS Biology (@PLOSbiology)

eCampusNews (@ecampusnews)

The Online Academic on WordPress (@wordpressdotcom)

Ethical and Legal Issues in Sci Comm

- Attribution
- Image & likeness utilization
- Public disclosure
- For whom do you speak?
- THE INTERNET NEVER FORGETS
- Discourse on social media
- Actionable information
- HIPAA

Self-Care and Social Media

- Take deliberate breaks
- Nuance is nearly nonexistent online
- Anonymity can bring out the worst in some people
- Some people just want to watch the world burn
- SoMe is deliberately designed to keep you coming back for more
- Pocket friends (and pocket enemies)

A Word on Blogs

- Do you need one?
 - Some folks (e.g., DrugMonkey, Chemjobber) have gotten pretty well known for their blogs
- Edge for Scholars
 - Can post and comment without actually maintaining your own blog
 - I got a writing gig through Edge
- All the same issues apply
- Remember to watch the comments!

Web Presence

- You should have a website
 - Full disclosure: I don't have a website
- Your website should look good
- Consider the goals of the website
 - Visibility
 - Recruitment
 - Communication

Common Website Mistakes

- WAAAAAY out of date
- Multiple conflicting websites
- No template
- Too much text
- Empty sections
- Broken links
- Looks like no one ever actually looked at it

Points to Remember

- You WILL be judged on your website
 - If you can't make a good one, don't make a bad one
 - Consider hiring a pro
- Your website should reflect your lab and you
- Your website should be honest

Keep Talking!
